

Elizabeth B. Raposa

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EDUCATION

- Ph.D.** (2015) **University of California, Los Angeles**, Los Angeles, CA
Major: Clinical Psychology
Minors: Health Psychology, Quantitative Psychology
- M.A.** (2010) **University of California, Los Angeles**, Los Angeles, CA
- B.A.** (2009) **University of Pennsylvania**, Philadelphia, PA
Majors: Psychology, Comparative Literature and Theory
Certificate in Spanish

ACADEMIC POSITIONS

- 2022-present Associate Professor
Department of Psychology
Fordham University
- 2019-2022 Assistant Professor
Department of Psychology
Fordham University
- 2018-2019 Faculty Affiliate
Neuroscience Program
College of William and Mary
- 2016-2019 Assistant Professor
Department of Psychology
College of William and Mary
- 2015-2016 John D. and Catherine T. MacArthur Foundation Postdoctoral Fellow
University of Massachusetts, Boston

GRANT FUNDING

External Research Grants

MentorHub: A Supportive Accountability Tool for MHapps (MH126795-01)
Role: Consultant (PIs: Nancy McNamara and Jean Rhodes)
Source: National Institutes of Mental Health (SBIR/STTR)
Award amount: \$185,046
Funding period: 5/1/22 – 12/31/23.

Implementation of a Paraprofessional Model for Supporting Youth in Accessing Technology-Delivered Mental Health Interventions

Role: Principal Investigator

Source: Klingenstein Third Generation Foundation

Award amount: \$100,000

Funding period: 7/1/21 – 6/30/23.

Friends of the Children Supportive Accountability Application Pilot Project

Role: Research Lead

Source: AT&T Communications

Award amount: \$20,000

Funding period: 8/1/20 – 12/31/20

Healthy Families Evaluation 2019

Role: Principal Investigator

Source: Families Forward, Virginia

Award amount: \$61,230

Funding period: 7/1/18 -- 6/30/19

Healthy Families Virginia Evaluation 2018

Role: Consulting Researcher

Source: Prevent Child Abuse, Virginia

Award amount: \$64,097

Funding period: 7/1/17 – 6/30/18

Biobehavioral Issues in Physical and Mental Health (MH15750)

Role: Graduate student trainee (PIs: Drs. Christine Dunkel-Schetter and Annette Stanton)

Source: National Institute of Mental Health

Award amount: \$42,360, plus tuition and fees

Funding period: 9/15/11 – 9/15/13

Submissions under review:

An Experimental Evaluation of Youth-Initiated Mentoring to Address Inequities in Access to mentoring for BIPOC Youth

Role: Co-Principal Investigator (PI: Dr. Renée Spencer)

Source: William T. Grant Foundation

Award Amount: \$600,000

Letter of interest (LOI) reviewed and full submission invited.

Internal Research Funding

2020 Fordham Social Innovation Research Fellowship. “*Connected Futures: Testing Smartphone Delivery of an Innovative Curriculum to Promote Equity in Higher Education*”

2017 Faculty Summer Research Award. “Eating Behavior in Response to Stress: Examining Mechanisms of the Stress-obesity Link in Youth”

2015	Michael J. Goldstein Distinguished Dissertation Award (UCLA Clinical Psychology Area)
2013-2014	Dissertation Year Fellowship (UCLA Graduate Division)
2013	Psi Chi Graduate Research Grant
2011-2012	Graduate Research Mentorship Grant (UCLA Graduate Division)
2010, 2011	Graduate Summer Research Mentorship Grant (UCLA Graduate Division)
2009	Edwin W. Pauley Fellowship (UCLA College of Letters and Science and Department of Psychology)

Applied Research and Implementation Funding

2022-2025	Teagle Foundation “Knowledge for Freedom” Implementation Grant: “Visions of the Good in the Bronx” (Role: Academic Support Member; PI: Dr. Stephen Grimm; \$300,000; 01/2022 – 06/2025).
2021-2022	Invited Fordham Community-Engaged Faculty Writing Initiative, "From Community Engaged Learning to Community Engaged Scholarship: Support for Success.

Teaching Funding and Support

2022-2023	Fordham Dubois Discussion Group. Stipend of \$300 to support close reading and discussion of the works of W.E.B. Dubois and his contemporaries with a cohort of colleagues, with the ultimate goal of informing values of diversity, equity, and inclusion in teaching and course design.
2020	Fordham Arts & Sciences Faculty Pedagogy Seminar. Stipend of \$1,500 to support faculty members from across the Arts & Sciences community. Faculty meet to explore contemporary scholarship in teaching and learning and its practical application.
2018-2019	W&M Scholars Undergraduate Research Experience (WMSURE) Mellon Faculty Fellow. Funds of \$5,000 provided for each of two years to support mentorship of undergraduate research with students from under-represented backgrounds.
2017	Center for the Liberal Arts (CLA) Innovation Grant for Faculty (College of William and Mary; \$1,300)

PUBLICATIONS

Note: *denotes a Ph.D. student mentee; ^denotes an M.S. student mentee; +denotes an undergraduate student mentee

Refereed Journal Articles

Conley, C., **Raposa, E. B.**, *Bartolotta, K., Broner, S., Hareli, M., *Forbes, N. F., Christensen, K., & Assink, M. (*in press*). The impact of mobile technology-delivered interventions on youth mental health: Systematic review and three-level meta-analysis. *Journal of Medical Internet Research: Mental Health*.

- Preston, E. G., Villarosa-Hurlocker, M. G., **Raposa, E. B.**, Pearson, M. R., & Bravo, A. J., (*in press*). Fear of negative evaluation and suicidal ideation among college students: The moderating role of impulsivity-like traits. *Journal of American College Health*.
- Raposa, E. B.**, Sánchez, B., O'Donnell, A., & Monjaras-Gaytan, L. (*in press*). The roles of ethnic identity and stressors in natural mentoring support among Latinx adolescents. *Applied Developmental Science*.
- Salusky, I., Monjaras-Gaytan, L., *Forbes, N., Ulerio, G., ^Perron, G. & **Raposa, E. B.** (*in press*). Social integration and its development among first-generation college students at four-year colleges and universities. *Journal of College Student Retention: Research, Theory & Practice*.
- ^Simpson, S. B., Hsu, T. & **Raposa, E. B.** (*in press*). A cross cultural examination of the role of youth emotion regulation in mentoring relationships. *Prevention Science*.
- Burton, S., **Raposa, E. B.**, Stams, G. J. J. M., Poon, C., & Rhodes, J. E. (2022). Cross-age peer mentoring for youth: A meta-analysis. *American Journal of Community Psychology*, 70, 211-227.
- Christensen, K. M., **Raposa, E. B.**, Hagler, M. A., Rhodes, J. E. (2021). The role of athletic coach mentors in promoting youth academic success: Evidence from the Add Health National Longitudinal Study. *Applied Developmental Science*, 25:3, 217-227.
- ^Hsu, T. & **Raposa, E. B.** (2021). Effects of stress on eating behaviours in adolescents: A daily diary investigation. *Psychology & Health*, 36(2), 236-251.
- Le, T.P., Hsu, T., & **Raposa, E.B.** (2021). Effects of natural mentoring relationships on college students' mental health: The role of emotion regulation. *American Journal of Community Psychology*, 68, 167-176.
- Raposa, E. B.**, Hagler, M., Liu, D., & Rhodes, J. (2021). Predictors of close faculty-student relationships in higher education: Findings from the Gallup-Purdue Index. *Annals of the New York Academy of Science*, 1483(1), 36-49.
- Raposa, E. B.** & Hurd, N. M. (2021). Understanding networks of natural mentoring support among underrepresented college students. *Applied Developmental Science*, 25(1), 38-50.
- Christensen, K. M., Hagler, M. A., Stams, G. J., **Raposa, E. B.**, Burton, S., & Rhodes, J. E. (2020). Non-specific versus targeted approaches to youth mentoring: A follow-up meta-analysis. *Journal of Youth and Adolescence*, 49, 959-972.
- +Preston, E. G. & **Raposa, E. B.** (2020). A two-way street: How mentor stress and depression influence youth mentoring relationships. *American Journal of Community Psychology*, 65 (3-4), 455-466.
- Hagler, M., **Raposa, E. B.**, & Rhodes, J. (2019). Psychosocial profiles of youth who acquire a natural mentor during a school year. *Applied Developmental Science*, 23(2), 144-152.
- Raposa, E. B.**, Rhodes, J. E., Stams, G. J. J. M., Card, N., Burton, S., Schwartz, S., Yoviene Sykes, L., Kanchewa, S., Kupersmidt, J., & Hussain, S. (2019). The effects of youth mentoring programs: A meta-analysis of outcome studies. *Journal of Youth and Adolescence*, 48(3), 423-443.
- +Le, T. P. & **Raposa E. B.** (2019). The role of enculturation and acculturation in Asian and European American college students' daily social stress and support. *Asian American Journal of Psychology*, 10(1), 11-21.
- Raposa, E. B.**, Ben-Eliyahu, A., Olsho, L. E. W., Rhodes, J. (2018). Birds of a feather: Is matching based on shared interests and characteristics associated with longer

- youth mentoring relationships? *Journal of Community Psychology*, 47(2), 385-397.
- Conway, C. C., **Raposa, E. B.**, Hammen, C. L., & Brennan, P. A. (2018). Transdiagnostic pathways from early life stress to psychopathology: A 20-year prospective study. *Journal of Child Psychology and Psychiatry*, 59(8), 855-862.
- Raposa, E. B.** & Hammen, C. (2018). A daily diary investigation of the influence of early family adversity on social functioning during the transition to adulthood. *Social Development*, 27(2), 431-446.
- Raposa, E. B.**, Erickson, L. D., Hagler, M., & Rhodes, J. E. (2018). How economic disadvantage affects the availability and nature of mentoring relationships during the transition to adulthood. *American Journal of Community Psychology*, 61(1-2), 191-203.
- Crosswell, A.D., Moreno, P.I., **Raposa, E. B.**, Motivala, S.J., Stanton, A.L., Ganz, P.A., Bower, J.E. (2017). Effects of mindfulness training on emotional and physiologic recovery from induced negative affect. *Psychoneuroendocrinology*, 86, 78-86.
- Raposa, E. B.**, Dietz, N. L., & Rhodes, J. (2017). Trends in volunteer mentoring in the United States: Analysis of a decade of census survey data. *American Journal of Community Psychology*, 59, 3-14.
- Raposa, E. B.**, Rhodes, J., & Herrera, C. (2016). The impact of youth risk on mentoring relationship quality: Do mentor characteristics matter? *American Journal of Community Psychology*, 57, 320-329.
- Reidy, B. L., **Raposa, E. B.**, Brennan, P. A., Hammen, C. L., Najman, J. M., & Johnson, K. C. (2016). Prospective associations between chronic youth sleep problems and young adult health. *Sleep Health*, 2(1), 69-74.
- Raposa, E. B.**, Laws, H. B., & Ansell, E. B. (2015). Prosocial behavior mitigates the negative effects of stress in everyday life. *Clinical Psychological Science*, 4(4), 691-698.
- Raposa, E. B.**, Hammen, C., Brennan, P., & Najman, J. (2015). Characteristics of close friendships in young adulthood as a pathway from early adversity to depressive symptoms. *Journal of Clinical Child and Adolescent Psychology*, 44(5), 742-750.
- Starr, L. R., Hammen, C., Conway, C. C., **Raposa, E.**, & Brennan, P. A. (2014). Sensitizing effect of early adversity on depressive reactions to later proximal stress: Moderation by polymorphisms in serotonin transporter and corticotropin releasing hormone receptor genes in a 20-year longitudinal study. *Development and Psychopathology*, 26(4pt2), 1241-1254.
- Raposa, E. B.**, Hammen, C., Bower, J., Brennan, P., & Najman, J. (2014). A developmental pathway from early adversity to inflammation: The role of negative health behaviors. *Psychological Science*, 25(6), 1268-1274.
- Raposa, E. B.**, Hammen, C., Brennan, P., & Najman, J. (2014). The long-term effects of maternal depression: Early childhood physical health as a pathway to offspring depression. *Journal of Adolescent Health*, 54, 88-93.
- Raposa, E. B.**, Hammen, C. L., Brennan, P. A., O'Callaghan, F., & Najman, J. M. (2013). Early adversity and health outcomes in young adulthood: The role of ongoing stress. *Health Psychology*, 33(5), 410-418.
- Raposa, E. B.**, Hammen, C., & Brennan, P. (2011). Effects of child psychopathology on maternal depression: The mediating role of child-related acute and chronic stressors. *Journal of Abnormal Child Psychology*, 39, 1177-1186.

Manuscripts under review

- *Bartolotta, K., Robey, N., & **Raposa, E. B.** (*under review*). Underrepresentation status predicts academic self-concept and self-perceived preparedness during the transition into college.
- Hsu, T. & **Raposa, E. B.** (*under review*). Lonely in the same way? Exploring cultural variability in experiences of loneliness.
- +Kook, S. Y., Le, T. P., Robey, N., & **Raposa, E. B.** (*under review*). Mental health and resource utilization among underrepresented students transitioning to college.
- Le, T. P., ^DeJesus-Rodriguez, A., ^Rihal, T. K., & **Raposa, E. B.** (*under review*). Associations between trait food craving and adolescents' preferences for and consumption of healthy versus unhealthy foods.
- Raposa, E. B.**, *Bartolotta, K., *Forbes, N. F., Monjaras-Gaytan, L., Ulerio, G., ^Perron, G., & Salusky, I. (*under review*). Psychosocial distress and barriers to mental health support for underrepresented college students during the COVID-19 pandemic.
- Simpson, S. B., Hsu, T., & **Raposa, E. B.** (*under review*). Trajectories and impact of White mentors' racial and ethnic biases in a formal youth mentoring program.

Book chapters

- Raposa, E. B.** (2022). Supervision in dialectical behavior therapy. In J. Abramowitz, D. McKay, and E. A. Storch (Eds.). *Training and Supervision in Specialized Cognitive-Behavior Therapy: Methods, Settings, & Populations*. Washington, DC: American Psychological Association Press.

Non-refereed publications

- Raposa, E.**, Le, T., & Hsu, T. (2021, May 9). Mentors can help young adults transition to higher education. *Community Psychology Entry Point*. Retrieved from: <https://www.communitypsychology.com/mentors-help-transition-to-higher-education/>
- Raposa, E.** & Rhodes, J. (2020, April 21). Are youth mentoring programs effective? New analysis sheds light. *Youth Today*. Retrieved from <http://www.youthtoday.org>.
- Raposa, E.** (2018, September 21). Youth with high stress need mentors carefully chosen to match with them. *Youth Today*. Retrieved from <http://www.youthtoday.org>.
- Rhodes, J. & **Raposa, E.** (2017, January 31). Mentoring by the numbers: Some surprising trends in volunteer efforts. *Chronicle of Evidence-based Mentoring*. Retrieved from <http://www.evidencebasedmentoring.org>.
- Rhodes, J. & **Raposa, E.** (2016, June 3). Two new findings (and a surprise) about working with more challenging mentees. *Chronicle of Evidence-based Mentoring*. Retrieved from <http://www.evidencebasedmentoring.org>.

Publication-related media coverage

- Sparks, S. (2022, August 23). How Schools Can Teach Students to Network (Even When Students Don't Think They Have One). <https://www.edweek.org/leadership/how-schools-can-teach-students-to-network-even-when-students-dont-think-they-have-one/2022/08>

- Rhodes, J. (2022, January 9). Recent meta-analysis highlights the promise of cross-age peer mentoring. *The Chronicle of Evidence-Based Mentoring*.
<https://www.evidencebasedmentoring.org/recent-meta-analysis-highlights-the-promise-of-cross-age-peer-mentoring/>
- Up-and-coming voices: Combating stereotypes and bias. (2021, August 30). *APS Observer*.
<https://www.psychologicalscience.org/observer/combating-bias-talks>
- Alcorn, T. (2019, December 13). Reporting for work where you once reported for probation. *The Atlantic*. <https://www.theatlantic.com/politics/archive/2019/12/credible-messengers-reform-criminal-justice-system/603514/>
- Vann, M. (2019, April 1). Empowering high school students to reach their goals. *W&M School of Education News*. <https://education.wm.edu/news/news-archive/2019/empowering-high-school-students-to-reach-their-goals.php>
- Rhodes, J. (2019, March 7). Five key takeaways from a comprehensive new meta-analysis of youth mentoring. *The Chronicle of Evidence-Based Mentoring*.
<https://www.evidencebasedmentoring.org/five-key-takeaways-from-a-comprehensive-new-meta-analysis-of-youth-mentoring/>
- Rancano, V. (2015, December 17). Be kind, unwind: How helping others can help keep stress in check. *NPR Health*. <https://www.npr.org/sections/health-shots/2015/12/17/460030338/be-kind-unwind-how-helping-others-can-help-keep-stress-in-check>
- Helping others dampens the effects of everyday stress. (2015, December 14).
<https://www.psychologicalscience.org/news/releases/helping-others-dampens-the-effects-of-everyday-stress.html>
- Herbert, W. (2014, May 12). Under the skin: How childhood adversity takes its toll. *Huffington Post*. https://www.huffpost.com/entry/under-the-skin-how-childhood-adversity-takes-its-toll_b_4950530

SELECTED SCHOLARLY PRESENTATIONS

- Raposa, E. B.,** *Nardini, C., & *Bartolotta, K. (2023). Empowering youth to build social capital: Testing an online curriculum for marginalized youth. Research workshop to be presented at the National Mentoring Summit, Washington, DC.
- Weiler, L., Spencer, R., & **Raposa, E. B.** (2023). The case for emotion-focused mentoring: Emotion regulation, emotion coaching, & youth outcomes. Research workshop to be presented at the National Mentoring Summit, Washington, DC.
- Monjaras-Gaytan, L.Y, Lovell, C., Salusky, I., & **Raposa, E. B.** (2022). The role of institutional natural mentors in first-generation college students' social belonging and academic outcomes. Presented at the Biennial International Conference of Community Psychology (ICCP), Naples, Italy.
- Ulerio, G., *Forbes, N., Sun, F., Salusky, I. Saw, A. & **Raposa, E. B.** (2022). Creating inclusive environments in graduate training for minoritized students. Interactive Discussion at the Annual Conference of the Society for the Psychological Study of Social Issues (SPSSI), San Juan, Puerto Rico.

- ^Cosby, J., ^DeJesus-Rodriguez, A.E., *Forbes, N., ^Rihal, T.K., and **Raposa, E. B.** (2022). Natural mentors: The impact of mentor-mentee similarities on the adverse effects of discrimination in underrepresented students. Poster presented at the Annual Convention of the Association for Psychological Science (APS).
- ^Rihal, T. K., *Forbes, N., and **Raposa, E. B.** (2022). On campus discrimination and depression: The moderating effect of active coping and positive reframing among first-generation college students. Poster to be presented at the Society for Research on Adolescence (SRA) Biennial Meeting, New Orleans, LA.
- Broner, S. E., Hareli, M., *Bartolotta, K., Christensen, K., *Forbes, N., Blum, A., **Raposa, E. B.**, Conley, C. S., Assink, M. (2021). A meta-analytic look at technology delivered interventions for youth mental health: The role of duration and frequency of use. Poster at the Annual Convention for the Association for Behavioral and Cognitive Therapies (ABCT). Conference held virtually. [*Awarded Student Poster Award by the ABCT Technology and Behavior Change Special Interest Group*].
- *Donofrio, V., Hareli, M., Astesano, J., Wernitz, A., **Raposa, E. B.**, Conley, C., & Rhodes, J. (2021). Challenges and recommendations from piloting a supportive accountability-based technology-delivered intervention (TDI) for adult mentor-youth mentee dyads. Symposium talk to be presented at the Annual Convention for the Association for Behavioral and Cognitive Therapies (ABCT). Conference held virtually.
- ^Simpson, S. B. & **Raposa, E. B.** (2021). Challenging cultural biases within youth mentoring: Exploring how macro-level beliefs infiltrate interpersonal relationships. Symposium presentation at the Biennial Meeting of the Society for Community Research and Action (SCRA). Conference held virtually.
- ^Simpson, S. B., +Rogers, C. E., & **Raposa, E. B.** (2021). Trajectories and impact of mentors' racial and socioeconomic biases in youth mentoring programs. Poster presented at the Society for Prevention Research (SPR) Annual Meeting, Washington, DC.
- ^Simpson, S. B., *Forbes, N., +Romero, E., & **Raposa, E. B.** (2021). School belonging and psychological well-being in first-generation college students: The role of barriers to online learning. Poster presented at the Association for Psychological Science (APS) Annual Meeting. Conference held virtually.
- Raposa, E. B.**, *Bartolotta, K., ^Cosby, J., *Forbes, N., & Salusky, I. (2021). Informal mentors: A critical source of support for underrepresented students during the COVID-19 pandemic. Flash talk presented at the Annual Convention for the Association for Psychological Science (APS). Conference held virtually.
- +Garner, R., *Bartolotta, K., & **Raposa, E.** (2021). Suicidality in college students predicts lower sense of belonging and reduced college persistence. Poster presentation at the Annual Convention of the American Psychological Association, San Diego, CA.
- Hareli, M., Christensen, K., *Forbes, N., Jones, C., Blum, A., **Raposa, E. B.**, Conley, C. S. (2021). The impact of supportive accountability via mobile app use on youth mental health: A meta-analysis. Poster presentation at the Annual Convention of the American Psychological Association, San Diego, CA. [*Awarded the Innovative Research Award*]
- *Forbes, N., ^Cosby, J., & **Raposa, E. B.** (2021). The impact of discrimination on first-generation college students' belonging and GPA during the COVID-19 pandemic. Individual flash talk presentation at the Biannual Meeting of the Society for Research in Child Development (SCRD). Conference held virtually.

- ^Simpson, S., *Donofrio, V., & **Raposa, E. B.** (2021) Does the effect of a formal mentoring intervention on youth academic functioning vary cross-culturally? Poster presentation at the Biannual Meeting of the Society for Research in Child Development (SCRD). Conference held virtually.
- Raposa, E. B.**, ^Simpson, S., Le, T., *Forbes, N., & Hsu, T. (2021). Emotion regulation and youth mentoring: Lessons from formal and informal mentoring relationships. Research panel presentation at the National Mentoring Summit. Conference held virtually.
- *Bartolotta, K., +Rogers, C., +Garner, R., **Raposa, E. B.** (2020). Barriers to mental health services predict depressive symptoms amongst first generation college students. Poster presented at the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention. Conference held virtually.
- Hsu, T. & **Raposa, E. B.** (2020). Cultural variability in sociobehavioral correlates of depression: A daily diary investigation. Poster presented at the Annual Convention of the Association of Behavioral & Cognitive Therapies (ABCT). Conference held virtually.
- *Forbes, N., ^Simpson, S. B., +Duffy, K., **Raposa, E. B.** (2020). Exposure to violence predicts psychological distress among a sample of first-generation college students. Poster presented at the Association for Psychological Science (APS). Conference held virtually.
- ^Heule, M., ^Cotter, M., +Persons, R., & **Raposa, E.** (2020). Parent-child attachment predicts youth relationship satisfaction in school-based mentoring programs. Poster session presented at the Association of Psychological Science (APS). Conference held virtually. [*Awarded an Honorable Mention for the 2020 APS Student Research Award*]
- Raposa, E. B.**, ^Hsu, T., & +Preston, E. G. (2020). Expanding the reach of youth mentoring: New evidence on informal mentoring relationships. Research panel presentation at the National Mentoring Summit, Washington, DC.
- Raposa, E. B.**, Mullen, P., & Schwartz, S.E.O. (2019). *Empowered Learners*: Implementation of a low-cost intervention for high school students with emerging mental health concerns. Poster presented at the Annual Convention of the Association of Behavioral & Cognitive Therapies (ABCT), Atlanta, GA.
- +Sorid, S. D., +Preston, E. G., & **Raposa, E. B.** (2019). College students' beliefs about evidence-based and non-evidence-based approaches to treating depression. Poster presented at the Annual Convention of the Association of Behavioral & Cognitive Therapies (ABCT), Atlanta, GA.
- Raposa, E. B.**, Parnes, M., ^Robey, N., Wittrup, A. (2019). Social support and risk versus resilience for college students from underrepresented backgrounds. Chair and Discussant for symposium presentation at the Biennial Meeting for the Society of Community Research and Action (SCRA), Chicago, IL.
- ^Hsu, T., +Tardieu, O., & **Raposa, E. B.** (2019). Depressive symptomatology moderates the impact of daily stress on unhealthy eating behaviors in adolescents: A daily diary study. Poster presented at Association for Psychological Science (APS) Annual Convention, Washington, D.C.
- Raposa, E. B.**, +Preston, E. G., & *Robey, N. (2019). Finding the right match: Mentor and youth characteristics that influence mentoring outcomes. Research panel presentation at the National Mentoring Summit, Washington, DC.

- ⁺Kook, Y., ⁺Le, T. P., **Raposa, E. B.** (2018). Mental health and resource utilization among underrepresented college students. Poster presented at Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Washington, D.C.
- ⁺Preston, E. G. & **Raposa, E. B.** (2018). Predicting the effectiveness of youth mentoring interventions: The role of mentors' depressive symptoms and stress exposure. Poster presented at Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Washington, D.C.
- ⁺Bottari, S. A., [^]Hahn, S. E., & **Raposa, E. B.** (2018). Parental influences on behavioral and emotional stress reactivity as a pathway to poor health in adolescence. Poster presented at the Association for Psychological Science (APS) National Convention, San Francisco, CA. [*Awarded a Distinguished Contribution Award in the Society for a Clinical Science (SSCP) Student Poster Competition*].
- Raposa, E. B.**, Hagler, M., & Rhodes, J. (2018). On-campus connections: Factors that predict naturally-occurring relationships between college students and faculty. Symposium talk at the Biennial Meeting of the Society for Research on Adolescence (SRA), Minneapolis, MN.
- ⁺Le, T. P. & **Raposa, E. B.** (2017). The impact of acculturation on Asian and European American college students' daily social experiences. Poster presentation at the Annual Convention of the Asian American Psychological Association, Las Vegas, NV.
- Raposa E. B.** & Hurd, N. (2017). Predictors of closeness in natural mentoring: Does support type matter? Symposium talk at the Biannual Meeting of the Society for Community Research and Action (SCRA), Ottawa, ON, Canada.
- Raposa, E. B.**, Erickson, L. D., & Rhodes, J. (2017). The socioeconomic context of relationships with caring adults: The effects of poverty on natural mentoring. Symposium talk presented at the Annual Meeting of the Society for Prevention Research (SPR), Washington, DC.
- Raposa, E. B.**, Erickson, L. D., & Rhodes, J. (2017). Poverty and natural mentoring relationships: Unequal distribution of social capital? Research panel presentation at the National Mentoring Summit, Washington, DC.
- Rhodes, J. & **Raposa, E. B.** (2017). New findings from the Center for Evidence-Based Mentoring. Research presentation at the National Mentoring Summit, Washington, DC.
- Raposa, E. B.** & Rhodes, J. (2016). Youth environmental stress and mentoring: Do mentor characteristics matter? Research panel presentation at the National Mentoring Summit, Washington, DC.
- Raposa, E. B.** & Hammen, C. (2015). The impact of early adversity on social experiences and mood: A daily processes approach. Symposium talk presented at the Association for Psychological Science (APS) Annual Convention, New York City, NY.
- Raposa, E.** & Hammen, C. (2014). The role of early life stress in daily associations between social stress and physical functioning. Poster presented at the annual meeting of the American Psychosomatic Society (APS), San Francisco, CA.
- Raposa, E.**, Hammen, B., & Brennan, P. (2013). Early adversity and risk for depressive symptoms in young adulthood: The role of selection into stressful peer contexts. Symposium talk presented at Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Nashville, TN.

- Raposa, E.,** Hammen, C., Bower, J., Brennan, P., & Najman, J. (2013). A developmental pathway from early adversity to inflammation: The role of health behavior. Poster presented at Association for Psychological Science (APS) National Convention, Washington, D.C.
- Raposa, E.,** Hammen, C., & Brennan, P. (2013). Early adversity and quality of best friendships: Implications for depression and health. Poster presented at Association for Psychological Science (APS) National Convention, Washington, D.C.
- Bonfil, A. D., McFarr, L. M., **Raposa, E.,** Henriquez, S., Barr, N. U., Higier, R., Gaona, L., & Hamilton, H. K. (2012). Effectiveness of second-year standard DBT: Are there significant gains in treatment outcomes beyond the first year? Poster presented at Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, National Harbor, MD.
- Raposa, E.,** Hammen, C., & Brennan, P. (2011). Early adversity and poor health in young adulthood: The role of chronic social stress. Poster presented at Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Toronto, CA.
- Raposa, E.,** Hammen, C., & Brennan, P. (2010). Child psychopathology and maternal depression: The mediating effects of acute stressors. Poster presented at Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, San Francisco, CA.
- Raposa, E.,** Holmes, M. K., Fournier, J. C., & DeRubeis, R. J. (2009). Therapy processes associated with poor outcomes in patients with comorbid personality disorder in cognitive therapy for depression. Poster presented at Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, New York, NY.

INVITED SCHOLARLY LECTURES

- | | |
|----------------|---|
| September 2020 | “Expanding the Reach of Evidence-Based Treatments: Leveraging Social Relationships to Improve Youth Mental Health.” Invited lecture for the Psychology Current Work Series, Yale University. |
| February 2019 | “Rethinking the match: Approaches to building supportive mentoring relationships for high-stress youth.”
Invited lecture for the Community Psychology Area Speaker Series, University of Virginia. |
| May 2017 | “New research findings from site-based mentoring programs.”
Invited Lecture at the Short Course on Evidence-Based Mentoring at European Institute for Evidence-Based Mentoring, Leewarden, Netherlands |
| May 2017 | “Research methods for mentoring program evaluation.”
Invited Lecture at the Short Course on Evidence-Based Mentoring at European Institute for Evidence-Based Mentoring, Leewarden, Netherlands |
| August 2016 | “Predictors of early termination versus lasting relationships: Lessons from the U.S. census and mentor feedback.” Summer Institute on Youth Mentoring, Portland State University |

August 2016	“Approaches to improving relationship longevity and goals for successful match closure.” Summer Institute on Youth Mentoring, Portland State University
May 2016	“Identifying and changing interpersonal mechanisms of the effects of early life stress on mental and physical health.” Clinical Psychology Symposium, Department of Psychology, University of California, Los Angeles
May 2012	“Early adversity and health outcomes in young adulthood: The role of ongoing stress.” Health Psychology Symposium, Department of Psychology, University of California, Los Angeles

TEACHING

Courses Taught

Undergraduate

Community Mental Health (Community Engaged Learning course; *Fordham*)

Introduction to Clinical Psychology (*Fordham*)

Abnormal Psychology (*Fordham; William & Mary*)

Behavior Modification Research Methods Laboratory (*William & Mary*)

Health Psychology (*William & Mary*)

Graduate

Clinical Psychology Proseminar (*William & Mary*)

Dialectical Behavior Therapy (*Fordham*)

Psychotherapy Theories (*Fordham*)

Theories and Applications in Contemporary Ethics (team-taught; *Fordham*)

Tutorials and Directed Readings Courses

Research Apprenticeship in Psychological and Educational Services (PSGE 8001/8002; 2020-2021, *Fordham*)

Healthcare in the Community (CEED 8999 R01; Spring 2020; *Fordham*)

Student Mentorship

Doctoral dissertation chair:

ongoing Katie Bartolotta (*Fordham*); Nicola Forbes (*Fordham*)

Doctoral dissertation committee member, by year of dissertation defense:

ongoing Elise Bragard (*Fordham*); Charlene Minaya (*Fordham*); Jordan Reed (DePaul University); Maria Jimenez-Salazar (*Fordham*); John Samuels (*Fordham*); Neshat Yazadani (*Fordham*)

2022 Vincent Corcoran (*Fordham*)
Ana Rabasco (*Fordham*)

2021	McKenna Parnes (Suffolk University)
2020	Samantha Burton (University of Massachusetts, Boston)
2017	Laura Yoviene (University of Massachusetts, Boston)

M.A. thesis chair:

2022-2023	Ariana Dejesus-Rodriguez (Fordham)
2022-2023	Cristina Nardini (Fordham)
2022-2023	Tripat Rihal (Fordham)
2021-2022	Jasmine Cosby (Fordham)
2021-2022	Vincent Donofrio (Fordham)
2020-2021	Nicola Forbes (Fordham)
2020-2021	George Perron (Fordham)
2020-2021	Savannah Simpson (Fordham)

M.A. thesis reader/committee member:

2022-2023	Margaret Benda (Fordham)
2020-2021	Xiangyu Tao (Fordham)
2018-2019	Lauren Howard (William & Mary)
	Maria Larrazabal Carrillo (William & Mary)
2017-2018	Margaret Cameron (William & Mary)
	Molly Penrod (William & Mary)
2016-2017	Lisa Goldberg (William & Mary)
	Casey Snyder (William & Mary)
	Morgan Thompson (William & Mary)
	Samantha Burton (University of Massachusetts, Boston)
	Matthew Hagler (University of Massachusetts, Boston)

Undergraduate honors thesis chair:

2020-2021	Grace Nessen-Gilligan (Fordham)
2018-2019	Sarah Bottari (William & Mary)
2017-2018	Mary Grutta (William & Mary)
2017-2018	Sarah Kook (William & Mary)

Undergraduate honors thesis reader/committee member:

2021-2022	Grace Denomme (Fordham)
	Ryan Finkelstein (Fordham)
2020-2021	Kelly Christ (Fordham)
2019-2020	Jason Dufour (Fordham)
2018-2019	Elizabeth Gally (William & Mary)
2016-2017	Lauren Dybel (William & Mary)
	Thomas Le (William & Mary)
	Natalee Price (William & Mary)

Student grant funding:

2022	Katie Bartolotta, Psi Chi Summer Graduate Research Grant Nicola Forbes, Fordham GSAS Summer Fellowship Cristina Nardini, Fordham GSAS Summer Fellowship Cristina Nardini, APAGS/Psi Chi Junior Scientist Fellowship Jillian Rogers, Fordham Summer Research Program Nicholas Verniero, Fordham Summer Research Program
2021	Vincent Donofrio, Fordham GSAS Summer Fellowship
2020	Nicola Forbes, APAGS/Psi Chi Junior Scientist Fellowship Nicola Forbes, Fordham GSAS Summer Fellowship Roscoe Garner, Fordham College Rose Hill Summer Research Grant Savannah Simpson, Fordham GSAS Student Support Grant
2019	Ti Hsu, William & Mary Graduate Student Association Conference Funds Lorissa Simpson, W&M Neuroscience Student Travel Award
2018	Sarah Bottari, Honors Fellowship Sarah Bottari, W&M Neuroscience Student Travel Award Emma Preston, W&M Charles Center Summer Scholarship Award Nyx Robey, William & Mary Graduate Student Association Conference Funds Chelsea Scott, W&M Charles Center Summer Scholarship Award Marie-Therese Ikoro, W&M Charles Center Summer Scholarship Award
2017	Sarah Bottari, William & Mary Vice Provost Research Grant Phoebe Flint, W&M Charles Center Summer Scholarship Award Mary Grutta, W&M Honors Fellowship Shannon Hahn, William & Mary Vice Provost Research Grant Sarah Kook, W&M Honors Fellowship Claire Williams, W&M Upper-Class Monroe Scholars Project Grant

CLINICAL TRAINING

2020-present	Licensed Clinical Psychology , New York Board of Psychology (#023787)
2016-2020	Licensed Clinical Psychologist , Virginia Board of Psychology
2014-2015	Predoctoral Psychology Intern , Yale-New Haven Hospital, Intensive Outpatient Program
2013-2014	Therapist , UCLA Psychology Clinic
2012-2013	Therapist , UCLA Les Kelly Family Health Center, Addiction and Behavioral Medicine Clinic Therapist , UCLA Psychology Clinic
2011-2012	Psychology Extern , Harbor-UCLA Medical Center, Adult Cognitive-Behavioral Therapy Externship
2010-2011	Therapist , Emotion Regulation in Anxiety Disorders Study Therapist , Highly Gifted Magnet at North Hollywood High School Therapist , UCLA Psychology Clinic

2009-2011 **Intake Interviewer**, UCLA Psychology Clinic
 2010 **Clinical Assessor**, UCLA Psychology Clinic
 2010 **Clinical Assessor**, Fernald Child Study Center

CLINICAL SUPERVISION EXPERIENCE

2020-2021 **Clinical Supervisor**, Fordham Community Mental Health Clinic
 • Supervised graduate student therapists in individual and group therapies for children and adolescents

2014-2015 **Clinical Supervisor**, Yale-New Haven Hospital DBT-SUD Intensive Outpatient Program.
 • Supervised advanced graduate student therapist in dialectical behavior therapy

2012-2013 **Clinical Supervisor**, UCLA Psychology Clinic
 • Supervised beginning graduate student therapist in cognitive-behavioral therapy
 • Attended weekly didactics on clinical supervision

2012 **Intake Team Supervisor**, UCLA Psychology Clinic
 • Supervised beginning graduate students in conducting clinical and diagnostic intakes with adult and child clients

SERVICE

Departmental Service

2022 **Summer Fellowship Reviewer**, Distinguished Fellowship Committee

2021-present **Committee Member**, Graduate Admissions Committee, Fordham Applied Psychology Methods & Clinical Research Methods M.S. Programs

2020-present **Committee Member**, Diversity Equity & Inclusion Advisory Council, Fordham Department of Psychology

2020-2021 **Committee Member**, Executive Council, Clinical Psychology Doctoral Program

2020-present **Psychology major advisor**, 15-20 students per year, Fordham University

2020-present **Teaching supervisor**, 2-3 doctoral students (3-4 classes) per semester, Fordham University

2019-present **Committee Member**, Graduate Admissions Committee, Fordham Clinical Psychology Program

2018-2019 **Neuroscience major advisor**, 8-10 students per year, William & Mary

2017-2019 **Committee Member**, Graduate Studies Committee, William & Mary

2016-2019 **Psychology major advisor**, 15-20 students per year, William & Mary

2017-2019 **Faculty advisor**, Psi Chi, William & Mary

2017-2018 **Tenure-Eligible Faculty Search Committee Member**, Department of Psychology, William & Mary

2016-2017 **Committee Member**, Psychology Research Committee, William & Mary

2012-2014 **Member**, Academic Committee, UCLA Clinical Psychology Program
 2013-2014 **Member**, Clinical Area Committee, UCLA Clinical Psychology Program
 2013 **Invited speaker**, Launching a Successful Research Career panel, UCLA Clinical Psychology Program
 2013 **Invited speaker**, Psychology Research Opportunities Program panel, UCLA Psychology Program
 2011-2013 **Member**, Research Committee, UCLA Clinical Psychology Program

College Service

2022-present **Council Member**, Fordham Diversity, Equity, and Inclusion Council
 2021-present **Committee Member**, Fordham Faculty Life Committee
 2021 **Committee Member**, Fordham Interdisciplinary Research Award Review Committee
 2020-present **Committee Member**, University Research Council, Fordham University
 2019-present **Faculty Reviewer**, Fordham Undergraduate Research Journal
 2019-2020 **Workgroup Member**, Center for Community Engaged Learning Faculty Workgroup and Seminar, Fordham University
 2018-2019 **Workgroup 5 Member**, Civic Action Plan, William & Mary
 2017-2019 **Leadership Committee Member**, Tutoring for Social Change, William & Mary
 2017-2019 **Trainer**, Campus Connect Gatekeeper Training Program for reducing suicide risk in college students, William & Mary
 2017-2019 **First-year advisor**, approximately 5 students per year, William & Mary
 2017-2019 **Task Force Member**, Wellness Minor Work Group, William & Mary
 2016-2019 **Leadership Committee Member**, Jed Foundation Campus Program, William & Mary
 2013-2014 **Graduate Student Advisor**, Undergraduate Research Journal of Psychology, UCLA

Service to the Profession

2020-present **Editorial Board**, *Journal of Primary Prevention*
 2020-present **Reviewer**, SSCP Diversity Virtual Clinical Lunch Review Committee
 2020-present **Editorial Board**, *Bulletin of the Menninger Clinic*
 2020-present **Reviewer**, ABCT Program Committee
 2018-present **Editorial Board**, *Applied Developmental Science*
 2018-present **Contributing Editor**, Chronicle of Evidence-based Mentoring
 2015-2016 **Conference Coordinator**, Annual Yale NEA-BPD Conference

Community Outreach

June 2021 **Raposa, E. B.** "Connected Futures: An Innovative, online Curriculum for Promoting equitable college outcomes." Invited Spotlight Lecturer and Panelist for Mentor Collective's MasterClass, "Building a Culture of Mentorship."

April 2021	Raposa, E. B. Media appearance on the BronxNet TV and online streaming program, “Headspace” to discuss imposter syndrome in adolescents and young adults.
June 2020	Raposa, E. B. “Testing an Algorithm to Optimize Mentor-Youth Matching Procedures: Results and Recommendations.” Invited presentation to the Executive Board Committee, <i>College Mentors for Kids</i> .
Sept. 2019	Raposa, E. B. & Rhodes, J. Invited guest on the Reflections on Research Podcast for the National Mentoring Resource Center. Season 2: Episodes 3 and 4. https://nationalmentoringresourcecenter.org/index.php/learning-opportunities/reflections-on-research-podcast.html
Oct. 2017	Raposa, E. B. “Evidence-based Practices in Youth Mentoring: Lessons from clinical psychology.” Invited training for Merrimac Mentoring student group, William and Mary.
Apr. 2016	Raposa, E. B. & Rhodes, J. “The socioeconomic context of relationships with caring adults: The effects of poverty on natural mentoring.” Invited speaker for William and Mary Psi Chi initiation ceremony.
Sept. 2014	Litwin, R., Raposa, E. B. , & Axelrod, S. A. “Suicide Assessment and Management in Medical and Psychiatric Settings.” Talk presented to the community in New Haven, CT, on suicide prevention. Available at https://www.youtube.com/watch?v=19AetzaJvTM .

PROFESSIONAL AFFILIATIONS

2016-present	Clinical Psychology at Liberal Arts Colleges (CPLAC)
2016-present	Society for Community Research and Action (SCRA)
2012-present	Society for a Science of Clinical Psychology (SSCP)
2012-present	Association for Psychological Science (APS)
2008-present	Association for Behavioral and Cognitive Therapies (ABCT)

REVIEWING

Selected peer-reviewed journals

American Journal of Prevention Medicine	Mindfulness
Annals of the New York Academy of Sciences	Journal of Adolescent Health
Applied Developmental Science	Journal of Adolescent Research
Behaviour Research and Therapy	Journal of Affective Disorders
Child Abuse and Neglect	Journal of Child and Family Studies
Children and Youth Services Review	Journal of Clinical Child and Adolescent Psychology
Clinical Psychological Science	Journal of Primary Prevention
Current Directions in Psychological Science	Journal of Social Psychology
Depression and Anxiety	Journal of Youth and Adolescence
Frontiers in Psychology	Prevention Science
Health Psychology	Psychological Medicine
Learning and Individual Differences	Psychosomatic Medicine

Textbooks, grants, and other reviewing projects

Martin & Pear's *Behavior Modification* for Routledge

UC Intercampus Consortium on Health Psychology Seed Grant program

William T. Grant Foundation research grant reviewer

Youth Endowment Fund Systematic Reviews peer reviewer