

# Elizabeth B. Raposa

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## EDUCATION

- Ph.D.** (2015)      **University of California-Los Angeles**, Los Angeles, CA  
*Major:* Clinical Psychology  
*Minors:* Health Psychology, Quantitative Psychology
- M.A.** (2010)      **University of California-Los Angeles**, Los Angeles, CA
- B.A.** (2009)      **University of Pennsylvania**, Philadelphia, PA  
*Majors:* Psychology, Comparative Literature and Theory  
Certificate in Spanish

## ACADEMIC POSITIONS

- 2022-present      Associate Professor  
Department of Psychology  
Fordham University
- 2019-2022      Assistant Professor  
Department of Psychology  
Fordham University
- 2018-2019      Faculty Affiliate  
Neuroscience Program  
College of William and Mary
- 2016-2019      Assistant Professor  
Department of Psychology  
College of William and Mary
- 2015-2016      John D. and Catherine T. MacArthur Foundation Postdoctoral Fellow  
University of Massachusetts, Boston  
Faculty advisor: Jean Rhodes, Ph.D.

## GRANT FUNDING

### *External Research Grants*

“Development and Evaluation of a Social Capital Single Session Intervention at the Center for Evidence Based Mentoring”

Role: Consultant

Source: Fidelity Foundation

Award Amount: \$440,000

Funding period: 1/1/25 – 12/31/2026

“MentorHub: A Supportive Accountability Tool for MHapps” (MH126795-01)

Role: Consultant (PIs: Nancy McNamara and Jean Rhodes)

Source: National Institutes of Mental Health (SBIR/STTR)

Award amount: \$49,844 (\$185,046 total funding)

Funding period: 5/1/22 – 12/31/23.

“Implementation of a Paraprofessional Model for Supporting Youth in Accessing Technology-Delivered Mental Health Interventions”

Role: Principal Investigator

Source: Klingenstein Third Generation Foundation

Award amount: \$100,000

Funding period: 6/1/21 – 5/30/23.

“Friends of the Children Supportive Accountability Application Pilot Project”

Role: Research Lead

Source: AT&T Communications

Award amount: \$20,000

Funding period: 8/1/20 – 12/31/20

“Healthy Families Evaluation 2019”

Role: Principal Investigator

Source: Families Forward, Virginia

Award amount: \$61,230

Funding period: 7/1/18 -- 6/30/19

“Healthy Families Virginia Evaluation 2018”

Role: Salaried researcher

Source: Prevent Child Abuse, Virginia

Award amount: \$10,765 (\$64,097 total funding)

Funding period: 7/1/17 – 6/30/18

“Biobehavioral Issues in Physical and Mental Health” (MH15750)

Role: Graduate student trainee (PIs: Drs. Christine Dunkel-Schetter and Annette Stanton)

Source: National Institute of Mental Health

Award amount: \$42,360, plus tuition and fees

Funding period: 9/15/11 – 9/15/13

***Internal Research Funding***

- 2025-2027 Bronx Research Institute for Community Solutions (BRICS) Grant. “Evaluating Implementation of Sustainable Training in Mental Health First Aid for Grupo de Mujeres Latinas Staff.”
- 2024 Fordham Faculty Fellowship. “Social Support Networks and Resilience Among College Students with Marginalized Identities.”
- 2020 Fordham Social Innovation Research Fellowship. “*Connected Futures: Testing Smartphone Delivery of an Innovative Curriculum to Promote Equity in Higher Education*” (Fordham).
- 2017 Faculty Summer Research Award. “Eating Behavior in Response to Stress: Examining Mechanisms of the Stress-obesity Link in Youth” (College of William and Mary).
- 2013-2014 Dissertation Year Fellowship (UCLA Graduate Division)
- 2009 Edwin W. Pauley Fellowship (UCLA College of Letters and Science and Department of Psychology)

***Applied Research and Implementation Funding***

- 2024-2025 Fordham Center for Community Engaged Learning Faculty-Led Initiative Award: “Creating Pipelines of Culturally Sensitive Mental Healthcare in the Bronx.”
- 2022-present Teagle Foundation “Knowledge for Freedom” Implementation Grant: “Visions of the Good in the Bronx” (Role: Academic Support Member; PI: Dr. Stephen Grimm).
- 2023-2024 Fordham Center for Community Engaged Learning Faculty-Led Initiative Award: “Values in Action: Addressing Mental Health Needs in the Bronx with Third-Wave Cognitive Behavioral Therapies.”
- 2021-2022 Invited Fordham Community-Engaged Faculty Writing Initiative, “From Community Engaged Learning to Community Engaged Scholarship: Support for Success.”

***Teaching Funding and Support***

- 2022-2023 Fordham Dubois Discussion Group
- 2020 Fordham Arts & Sciences Faculty Pedagogy Seminar
- 2018-2019 W&M Scholars Undergraduate Research Experience (WMSURE) Mellon Faculty Fellow
- 2017 Center for the Liberal Arts (CLA) Innovation Grant for Faculty (College of William and Mary)

## PUBLICATIONS

**Note:** \*denotes a Ph.D. student mentee; ^denotes an M.S. student mentee; +denotes an undergraduate student mentee

### *Refereed Journal Articles*

Hersch, E., Werntz, A., Schwartz, S., **Raposa, E.B.**, Hughes, J., Parnes, M., & Rhodes, J. (*in press*). Testing the effects of a social capital intervention on college student retention and academic success. *American Journal of Community Psychology*.

Le, T., \*Forbes, N., & **Raposa, E. B.** (*in press*). Associations between discrimination and first-generation college students' belonging and academic well-being. *American Journal of Orthopsychiatry*.

**Raposa, E. B.**, Versey, H. S., \*Davis, A., Colson-Fearon, B., & +Palermo, C. (*in press*). Exploring the feasibility of incorporating smartphone-based mental health support into youth mentoring programs: A qualitative analysis. *Journal of Community Psychology*.

Hsu, T., \*Nardini, C. L., Velez, G., & **Raposa, E. B.** (2025). Differential associations among psychological flexibility components, depressive symptoms and sense of belonging in first semester college students. *Journal of American College Health*, 73(10), 3845-3854.

+Kook, S. Y., Le, T. P., Robey, N., & **Raposa, E. B.** (2025). Mental health and resource utilization among underrepresented students transitioning to college. *Journal of Diversity in Higher Education*, 18(2), 162-173.

**Raposa, E. B.**, \*Bartolotta, K., \*Forbes, N. F., Monjaras-Gaytan, L., Ulerio, G., ^Perron, G., & Salusky, I. (2025). Emotional distress and access to mental healthcare among first-generation college students during the onset of the COVID-19 pandemic. *Journal of Higher Education*, 96(40), 539-567.

Salusky, I., Monjaras-Gaytan, L., \*Forbes, N., Ulerio, G., ^Perron, G. & **Raposa, E. B.** (2024). Social integration and its development among first-generation college students at four-year colleges and universities. *Journal of College Student Retention: Research, Theory & Practice*, 26(2), 473-499.

Le, T. P., ^DeJesus-Rodriguez, A., ^Rihal, T. K., & **Raposa, E. B.** (2023). Associations between trait food craving and adolescents' preferences for and consumption of healthy versus unhealthy foods. *Food Quality and Preference*, 108, 104887.

Preston, E. G., Villarosa-Hurlocker, M. G., **Raposa, E. B.**, Pearson, M. R., & Bravo, A. J., (2023). Fear of negative evaluation and suicidal ideation among college students: The moderating role of impulsivity-like traits. *Journal of American College Health*, 71(2), 396-402.

**Raposa, E. B.**, Sánchez, B., O'Donnell, A., & Monjaras-Gaytan, L. (2023). The roles of ethnic identity and stressors in natural mentoring support among Latinx adolescents. *Applied Developmental Science*, 27(3), 285-297.

^Simpson, S. B., Hsu, T., & **Raposa, E. B.** (2023). Trajectories and impact of White mentors' racial and ethnic biases in a formal youth mentoring program. *American Journal of Community Psychology*, 71(3-4), 465-479.

Burton, S., **Raposa, E. B.**, Stams, G. J. J. M, Poon, C., & Rhodes, J. E. (2022). Cross-age peer mentoring for youth: A meta-analysis. *American Journal of Community*

- Psychology*, 70, 211-227.
- Conley, C. S., **Raposa, E. B.**, \*Bartolotta, K., Broner, S. E., Hareli, M., \*Forbes, N., Christensen, K., & Assink, M. (2022). The impact of mobile technology-delivered interventions on youth well-being: Systematic review and three-level meta-analysis. *JMIR Mental Health*, 9(7), e34254.
- ^Simpson, S. B., Hsu, T. & **Raposa, E. B.** (2022). A cross cultural examination of the role of youth emotion regulation in mentoring relationships. *Prevention Science*, 23(8), 1404-1413.
- Christensen, K. M., **Raposa, E. B.**, Hagler, M. A., Rhodes, J. E. (2021). The role of athletic coach mentors in promoting youth academic success: Evidence from the Add Health National Longitudinal Study. *Applied Developmental Science*, 25:3, 217-227.
- ^Hsu, T. & **Raposa, E. B.** (2021). Effects of stress on eating behaviours in adolescents: A daily diary investigation. *Psychology & Health*, 36(2), 236-251.
- Le, T.P., Hsu, T., & **Raposa, E.B.** (2021). Effects of natural mentoring relationships on college students' mental health: The role of emotion regulation. *American Journal of Community Psychology*, 68, 167-176.
- Raposa, E. B.**, Hagler, M., Liu, D., & Rhodes, J. (2021). Predictors of close faculty-student relationships in higher education: Findings from the Gallup-Purdue Index. *Annals of the New York Academy of Science*, 1483(1), 36-49.
- Raposa, E. B.** & Hurd, N. M. (2021). Understanding networks of natural mentoring support among underrepresented college students. *Applied Developmental Science*, 25(1), 38-50.
- Christensen, K. M., Hagler, M. A., Stams, G. J., **Raposa, E. B.**, Burton, S., & Rhodes, J. E. (2020). Non-specific versus targeted approaches to youth mentoring: A follow-up meta-analysis. *Journal of Youth and Adolescence*, 49, 959–972.
- +Preston, E. G. & **Raposa, E. B.** (2020). A two-way street: How mentor stress and depression influence youth mentoring relationships. *American Journal of Community Psychology*, 65 (3-4), 455-466.
- Hagler, M., **Raposa, E. B.**, & Rhodes, J. (2019). Psychosocial profiles of youth who acquire a natural mentor during a school year. *Applied Developmental Science*, 23(2), 144-152.
- Raposa, E. B.**, Rhodes, J. E., Stams, G. J. J. M., Card, N., Burton, S., Schwartz, S., Yoviene Sykes, L., Kanchewa, S., Kupersmidt, J., & Hussain, S. (2019). The effects of youth mentoring programs: A meta-analysis of outcome studies. *Journal of Youth and Adolescence*, 48(3), 423-443.
- +Le, T. P. & **Raposa E. B.** (2019). The role of enculturation and acculturation in Asian and European American college students' daily social stress and support. *Asian American Journal of Psychology*, 10(1), 11-21.
- Raposa, E. B.**, Ben-Eliyahu, A., Olsho, L. E. W., Rhodes, J. (2018). Birds of a feather: Is matching based on shared interests and characteristics associated with longer youth mentoring relationships? *Journal of Community Psychology*, 47(2), 385-397.
- Conway, C. C., **Raposa, E. B.**, Hammen, C. L., & Brennan, P. A. (2018). Transdiagnostic pathways from early life stress to psychopathology: A 20-year prospective study. *Journal of Child Psychology and Psychiatry*, 59(8), 855-862.
- Raposa, E. B.** & Hammen, C. (2018). A daily diary investigation of the influence of early family adversity on social functioning during the transition to adulthood. *Social Development*, 27(2), 431-446.

- Raposa, E. B.,** Erickson, L. D., Hagler, M., & Rhodes, J. E. (2018). How economic disadvantage affects the availability and nature of mentoring relationships during the transition to adulthood. *American Journal of Community Psychology, 61*(1-2), 191-203.
- Crosswell, A.D., Moreno, P.I., **Raposa, E. B.,** Motivala, S.J., Stanton, A.L., Ganz, P.A., Bower, J.E. (2017). Effects of mindfulness training on emotional and physiologic recovery from induced negative affect. *Psychoneuroendocrinology, 86*, 78-86.
- Raposa, E. B.,** Dietz, N. L., & Rhodes, J. (2017). Trends in volunteer mentoring in the United States: Analysis of a decade of census survey data. *American Journal of Community Psychology, 59*, 3-14.
- Raposa, E. B.,** Rhodes, J., & Herrera, C. (2016). The impact of youth risk on mentoring relationship quality: Do mentor characteristics matter? *American Journal of Community Psychology, 57*, 320-329.
- Reidy, B. L., **Raposa, E. B.,** Brennan, P. A., Hammen, C. L., Najman, J. M., & Johnson, K. C. (2016). Prospective associations between chronic youth sleep problems and young adult health. *Sleep Health, 2*(1), 69-74.
- Raposa, E. B.,** Laws, H. B., & Ansell, E. B. (2015). Prosocial behavior mitigates the negative effects of stress in everyday life. *Clinical Psychological Science, 4*(4), 691-698.
- Raposa, E. B.,** Hammen, C., Brennan, P., & Najman, J. (2015). Characteristics of close friendships in young adulthood as a pathway from early adversity to depressive symptoms. *Journal of Clinical Child and Adolescent Psychology, 44*(5), 742-750.
- Starr, L. R., Hammen, C., Conway, C. C., **Raposa, E.,** & Brennan, P. A. (2014). Sensitizing effect of early adversity on depressive reactions to later proximal stress: Moderation by polymorphisms in serotonin transporter and corticotropin releasing hormone receptor genes in a 20-year longitudinal study. *Development and Psychopathology, 26*(4pt2), 1241-1254.
- Raposa, E. B.,** Hammen, C., Bower, J., Brennan, P., & Najman, J. (2014). A developmental pathway from early adversity to inflammation: The role of negative health behaviors. *Psychological Science, 25*(6), 1268-1274.
- Raposa, E. B.,** Hammen, C., Brennan, P., & Najman, J. (2014). The long-term effects of maternal depression: Early childhood physical health as a pathway to offspring depression. *Journal of Adolescent Health, 54*, 88-93.
- Raposa, E. B.,** Hammen, C. L., Brennan, P. A., O'Callaghan, F., & Najman, J. M. (2013). Early adversity and health outcomes in young adulthood: The role of ongoing stress. *Health Psychology, 33*(5), 410-418.
- Raposa, E. B.,** Hammen, C., & Brennan, P. (2011). Effects of child psychopathology on maternal depression: The mediating role of child-related acute and chronic stressors. *Journal of Abnormal Child Psychology, 39*, 1177-1186.

### *Manuscripts under review*

- \*Bodi, C. B., ^Robey, N., & **Raposa, E. B.** (*under review*). College students' motivations for volunteering as youth mentors and their associations with mentoring relationship quality.
- ^Dejesus-Rodriguez, A., Franklin, A., Monjaras-Gaytan, L., Ulerio, G., Blalock, K., \*Forbes, N., \*Nardini, C., Reed, J., **Raposa, E. B.,** & Salusky, I. (*under review*). Working to survive and belong: First-generation college student adjustment to the COVID-19 pandemic.

- Monjaras-Gaytan, L. Y., ^Avila, L., Blalock, K., ^Wadhvani, N., ^DeJesus-Rodriguez, A., +Hill, I. Y., Billingsley, J.T., Valdez, J. M., **Raposa, E. B.**, & Salusky, I. (*under review*). Financial barriers to college going: Understanding stop-out among first-generation college students.
- Monjaras-Gaytan, L. Y., Sánchez, B., Billups, B., Sepulveda, P., Salusky, I., & **Raposa, E. B.** (*under review*). An ecological perspective on the formation of natural mentoring relationships with institutional agents among first-generation college students.
- Monjaras-Gaytan, L. Y., Sánchez, B., **Raposa, E. B.**, Lovell, C., & Salusky, I. (*under review*). The role of institutional natural mentors in first-generation college students' social belonging and academic outcomes.
- \*Nardini, C. L., Harmon, J., +Verniero, N., & **Raposa, E. B.** (*under review*). Engagement with an online social capital curriculum in a nationwide college mentoring program.

### ***Book chapters***

- Raposa, E. B.** (*under review*). Therapeutic mentoring: Feasibility, efficacy, and effectiveness. In M. Hagler (Ed.). *Therapeutic Mentoring Interventions for Youth: Best Practices, Policy Implications, and Next Steps*. Springer.
- Raposa, E. B.** (2022). Supervision in dialectical behavior therapy. In J. Abramowitz, D. McKay, and E. A. Storch (Eds.). *Training and Supervision in Specialized Cognitive-Behavior Therapy: Methods, Settings, & Populations*. Washington, DC: American Psychological Association Press.

### ***Non-refereed publications***

- Raposa, E. B.** (2025, January 23). Teaching to fish: New course on mentoring for social capital. *Chronicle of Evidence-based Mentoring*. Retrieved from <http://www.evidencebasedmentoring.org>.
- Raposa, E. B.** (2024, June 19). Let's put effective mental health strategies into every mentor's tool box. *Chronicle of Evidence-based Mentoring*. Retrieved from <http://www.evidencebasedmentoring.org>.
- Simpson, S. B. & **Raposa, E. B.** (2023, October 2). Supports that white mentors and BIPOC mentees need. *Community Psychology Entry Point*. Retrieved from: <https://www.communitypsychology.com/supports-that-white-mentors-need/>
- Raposa, E.**, Le, T., & Hsu, T. (2021, May 9). Mentors can help young adults transition to higher education. *Community Psychology Entry Point*. Retrieved from: <https://www.communitypsychology.com/mentors-help-transition-to-higher-education/>
- Raposa, E.** & Rhodes, J. (2020, April 21). Are youth mentoring programs effective? New analysis sheds light. *Youth Today*. Retrieved from <http://www.youthtoday.org>.
- Raposa, E.** (2018, September 21). Youth with high stress need mentors carefully chosen to match with them. *Youth Today*. Retrieved from <http://www.youthtoday.org>.
- Rhodes, J. & **Raposa, E.** (2017, January 31). Mentoring by the numbers: Some surprising trends in volunteer efforts. *Chronicle of Evidence-based Mentoring*. Retrieved from <http://www.evidencebasedmentoring.org>.
- Rhodes, J. & **Raposa, E.** (2016, June 3). Two new findings (and a surprise) about working with more challenging mentees. *Chronicle of Evidence-based Mentoring*. Retrieved from <http://www.evidencebasedmentoring.org>.

### ***Publication-related media coverage***

- Miller, C. C. (2025, July 5). What Happens When Most of the Adults in Boys' Lives Are Women. *The New York Times*. [https://www.nytimes.com/2025/07/05/upshot/boys-mentors.html?unlocked\\_article\\_code=1.Uk8.kCM9.lQaCpcfj3nz&smid=em-share](https://www.nytimes.com/2025/07/05/upshot/boys-mentors.html?unlocked_article_code=1.Uk8.kCM9.lQaCpcfj3nz&smid=em-share)
- Soni, S. (2023, August 16). Racial Discourse in Youth Mentoring Programs: A Conversation with Dr. Elizabeth Raposa and Savannah Simpson. *The Chronicle of Evidence-Based Mentoring*. <https://www.evidencebasedmentoring.org/a-conversation-with-researchers-on-racial-discourse-in-youth-mentoring-programs/>
- Armstrong, K. (2023, April 25). Friend and Foe: How Inflammation Fights Disease and Fuels Depression. *The APS Observer*. <https://www.psychologicalscience.org/observer/friend-and-foe>
- Ervin, A. (2023, April 21). New study explores the effects of white mentors' beliefs about discrimination. *The Chronicle of Evidence-Based Mentoring*. <https://www.evidencebasedmentoring.org/what-are-the-trajectories-and-effects-of-white-mentors-perceptions-of-racial-ethnic-discrimination-in-formal-youth-mentorships/>
- Sparks, S. (2022, August 23). How Schools Can Teach Students to Network (Even When Students Don't Think They Have One). *Education Week*. <https://www.edweek.org/leadership/how-schools-can-teach-students-to-network-even-when-students-dont-think-they-have-one/2022/08>
- Rhodes, J. (2022, January 9). Recent meta-analysis highlights the promise of cross-age peer mentoring. *The Chronicle of Evidence-Based Mentoring*. <https://www.evidencebasedmentoring.org/recent-meta-analysis-highlights-the-promise-of-cross-age-peer-mentoring/>
- Up-and-coming voices: Combating stereotypes and bias. (2021, August 30). *APS Observer*. <https://www.psychologicalscience.org/observer/combating-bias-talks>
- Alcorn, T. (2019, December 13). Reporting for work where you once reported for probation. *The Atlantic*. <https://www.theatlantic.com/politics/archive/2019/12/credible-messengers-reform-criminal-justice-system/603514/>
- Vann, M. (2019, April 1). Empowering high school students to reach their goals. *W&M School of Education News*. <https://education.wm.edu/news/news-archive/2019/empowering-high-school-students-to-reach-their-goals.php>
- Rhodes, J. (2019, March 7). Five key takeaways from a comprehensive new meta-analysis of youth mentoring. *The Chronicle of Evidence-Based Mentoring*. <https://www.evidencebasedmentoring.org/five-key-takeaways-from-a-comprehensive-new-meta-analysis-of-youth-mentoring/>
- Rancano, V. (2015, December 17). Be kind, unwind: How helping others can help keep stress in check. *NPR Health*. <https://www.npr.org/sections/health-shots/2015/12/17/460030338/be-kind-unwind-how-helping-others-can-help-keep-stress-in-check>
- Helping others dampens the effects of everyday stress. (2015, December 14). *The APS Observer*. <https://www.psychologicalscience.org/news/releases/helping-others-dampens-the-effects-of-everyday-stress.html>
- Herbert, W. (2014, May 12). Under the skin: How childhood adversity takes its toll. *Huffington Post*. [https://www.huffpost.com/entry/under-the-skin-how-childh\\_b\\_4950530](https://www.huffpost.com/entry/under-the-skin-how-childh_b_4950530)

## SELECTED SCHOLARLY PRESENTATIONS

- \*Pichardo, T., ^Avila, L., **Raposa, E. B.** (2025). Accessing mentors as a pathway to more resilient mental health outcomes in first-generation college students. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention, New Orleans, LA.
- ^Avila, L., +Brown, E., **Raposa, E. B.** (2025). The role of natural mentor closeness in academic self-concept and depressive symptoms among first-generation college students during the transition to college. Poster Presentation at the Annual Meeting of the New England Psychological Association (NEPA), Newton, MA.
- +Dilchand, S., \*Pichardo, T., & **Raposa, E. B.** (2025). How does the parental support of immigrant parents influence first generation college students? Poster presentation at the Annual Meeting of the New England Psychological Association (NEPA), Newton, MA
- ^Simpson, S.B., \*Davis, A., **Raposa, E. B.** (2025). The role of interpersonal trust in shaping loneliness trajectories for mentored youth in foster care. Poster presentation at the Association for Cognitive Behavior Therapy Annual Convention, New Orleans, LA.
- ^Avila, L., ^Silva, M.F., **Raposa, E. B.** (2025). Access to mentors among first-generation College students: Who has mentors and what are their benefits? Poster presentation for the Society for Community Research and Action (SCRA) Biennial Conference, East Lansing, MI.
- ^Wadhvani, N. K., ^Avila, L., **Raposa, E. B.** (2025). On and off-campus discrimination: How natural mentors shape academic outcomes for BIPOC first-generation students. Oral Presentation at the 53rd Annual Hunter College Psychology Convention, 2025, May 3, Manhattan, NY.
- Le, T.P., \*Forbes, N., & **Raposa, E.B.** (2025). Associations between discrimination and first-generation college students' belonging and academic well-being. Invited virtual webinar presentation for the Center for Research on College-Workforce Transitions at the University of Wisconsin Madison, Madison, WI.
- He, Y., \*Nardini, C., **Raposa, E. B.**, & Weiler, L. (2025). Fostering emotion regulation in mentoring: Strategies for enhancing mentor and mentee well-being. Workshop presentation at the National Mentoring Summit, Washington, DC
- +Palermo, C., \*Nardini, C., **Raposa, E. B.** (2024). Measure with a RULER: The benefits of school-based emotional regulation learning in adolescence to reduce maladaptive behavior. Virtual poster presentation for the APS Global Psychological Science Summit.
- \*Nardini, C., \*Bartolotta, K., & **Raposa, E.B.** (2024). Implementation and impact of an online social skills curriculum among low-income, BIPOC high school students in a community youth organization. Oral presentation as part of the symposium entitled "Increasing access to care: Implementing evidence-based mental health interventions through community partnerships and non-specialist providers." Annual Convention of the Association of Behavioral and Cognitive Therapy (ABCT), Philadelphia, PA.
- Curto, S., ^Leon, D., \*Nardini, C., & **Raposa, E.B.** (2024). Social connectedness and delinquent behavior among Latinx adolescents: A multi-dimensional exploration of social support. Poster presented at the 58th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.
- ^Leon, D., \*Nardini, C., & **Raposa, E.B.** (2024). The role of coping strategies on real-time

- emotional responses to social stress. Poster presented at the 58<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.
- ^Leon, D. & **Raposa, E.B.** (2024). Exploring the links between sleep quality and daily physical symptoms using ecological momentary assessment in a sample of socioeconomically and ethnically diverse college students. Poster presented at the 58<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.
- ^Wadhvani, N.K., Weng, R.A., Setti, F., & **Raposa, E.B.** (2024). Navigating academic success: The interplay of perceived competition, stress mindset, and achievement goals among first-generation Asian college students. Research talk given at the Annual Hunter College Psychology Convention, New York City, NY.
- ^Leon, D., Curto, S., \*Nardini C., & **Raposa, E.B.** (2024). Exploring the moderating role of early adversity in the relationship between depressive symptoms and social cognition in adolescents. Poster presented at the 2024 Annual Convention of the Association for Psychological Science (APS), San Francisco, CA.
- Curto, S., ^Leon, D., \*Nardini C., & **Raposa, E.B.** (2024). The moderating role of anxiety in the relationship between callous-unemotional traits and adolescent behavioral problems. Poster presented at the 2024 Annual Convention of the Association for Psychological Science (APS), San Francisco, CA.
- \*Bartolotta, K., +Verniero N., **Raposa, E. B.** (2024) *Connected Futures*: Evaluating a novel web-based curriculum designed to empower adolescents to build mentoring relationships. Poster presented at the annual meeting of the Society for Research on Adolescence, Chicago, IL.
- Hagler, M., Werntz, A., Schwartz, S., **Raposa, E. B.**, & Rhodes, J. (2024). Degrees of success: Best practices and innovations for mentoring underrepresented college students. Workshop presented at the Annual Meeting of the National Mentoring Summit, Washington, DC.
- Romero, E. D., Fallon, L. M., & **Raposa, E. B.** (2024). Children of incarcerated caregivers: Support systems' impact on academic outcomes. Poster presented at the annual convention of National Association of School Psychologists, New Orleans, LA.
- \*Davis, A., **Raposa, E. B.** (2023). Piloting the feasibility and effectiveness of a centralized hub for mental health apps within formalized youth mentoring relationships. Poster presented at the Association for Cognitive Behavior Therapy Annual Convention, Seattle, WA.
- \*Nardini, C.L. & **Raposa, E. B.** (2023). Implementing an evidence-based curriculum for building social capital among underrepresented college students within a tech-enabled mentoring organization. Flash talk presented at the Annual Meeting of the Society for Digital Mental Health, virtual conference.
- ^DeJesus-Rodriguez, A., ^Rihal, T. K., **Raposa, E. B.** (2023). Self-concept and first-generation college students during COVID-19. Poster presented at the Biennial Meeting of the Society for Research in Adolescence 2023 Meeting, San Diego, CA.
- \*Donofrio, V., +Matwiow, J., **Raposa, E. B.** (2023) The association of extracurricular participation and informal mentorship acquisition for low-income youth. Poster presented at the Meeting for the Society for Research on Adolescence (SRA), San Diego, CA.
- Monjaras-Gaytan, L.Y, Billups, B., Sepulveda, P., Sánchez, B., Salusky, I., & **Raposa, E. B.** (2023). The formation of institutional natural mentoring relationships of first-generation college students. Paper presented at the Meeting of the Society for Research on Adolescence, San Diego, CA.

- \*Nardini, C.L., and **Raposa, E.B.** (2023). The effect of achievement-related mindset on stress and psychological well-being. Poster presented at the Meeting for the Society for Research on Adolescence, San Diego, CA.
- ^DeJesus-Rodriguez, A., ^Rihal, T. K., & **Raposa, E. B.** (2023). The role of support on the mental health of first-generation college students during the COVID-19 pandemic. Poster presented at the Biennial Meeting for the Society for Research in Child Development Spring 2022 Biennial Meeting, Salt Lake City, UT.
- \*Nardini, C.L., Benda, M.S., and **Raposa, E.B.** (2023). Impact of emotion dysregulation on affect in the context of daily stress in adolescence. Poster presented at the Biennial Meeting for the Society for Research in Child Development, Salt Lake City, UT.
- ^Rihal, T. K., ^DeJesus-Rodriguez, A., **Raposa, E. B.** (2023). Coping with stress during COVID-19 pandemic: First-generation college student's anxiety, perceived stress, and coping behavior. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Salt Lake City, UT.
- Raposa, E.**, Salusky, I., \*Bartolotta, K., \*Forbes, N., Monjaras-Gaytan, L., Garcia, Y., Ulerio, Y. & ^Perron, G. (2023). Emotional distress and access to mental healthcare among first-generation college students during the COVID-19 pandemic. Paper presented to the Annual Conference of the American Educational Research Association (AERA), Chicago, IL.
- Raposa, E. B.**, \*Nardini, C., & \*Bartolotta, K. (2023). Empowering youth to build social capital: Testing an online curriculum for marginalized youth. Research workshop at the National Mentoring Summit, Washington, DC.
- Weiler, L., Spencer, R., & **Raposa, E. B.** (2023). The case for emotion-focused mentoring: Emotion regulation, emotion coaching, & youth outcomes. Research workshop at the National Mentoring Summit, Washington, DC.
- ^DeJesus-Rodriguez, A., & **Raposa E. B.** (2022). The correlation between anxiety and academic self-concept in first generation college students. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies Annual Convention, New York, NY.
- Monjaras-Gaytan, L.Y, Lovell, C., Salusky, I., & **Raposa, E. B.** (2022). The role of institutional natural mentors in first-generation college students' social belonging and academic outcomes. Presented at the Biennial International Conference of Community Psychology (ICCP), Naples, Italy.
- Salusky, I., Monjaras-Gaytan, L., Ulerio, G., \*Forbes, N., ^Perron, G. & **Raposa, E. B.** (2022). The development of on-campus social belonging for first-generation college students. In I. Salusky (Chair), *Creating an inclusive climate for first-generation college students*. Symposium accepted to the Annual Conference of the Society for the Psychological Study of Social Issues (SPSSI), San Juan, Puerto Rico.
- Ulerio, G., \*Forbes, N., Sun, F., Salusky, I. Saw, A. & **Raposa, E. B.** (2022). Creating inclusive environments in graduate training for minoritized students. Interactive Discussion at the Annual Conference of the Society for the Psychological Study of Social Issues (SPSSI), San Juan, Puerto Rico.
- ^Cosby, J., ^DeJesus-Rodriguez, A.E, \*Forbes, N., ^Rihal, T.K., and **Raposa, E. B.** (2022). Natural mentors: The impact of mentor-mentee similarities on the adverse effects of discrimination in underrepresented students. Poster presented at the Annual Convention of the Association for Psychological Science (APS).

- Billups, B., Sepulveda, P., Monjaras-Gaytan, L.Y., Salusky, I., & **Raposa, E. B.** (2022). Exploring Institutional Natural Mentoring Relationships of First-Generation College Students. Poster presented at the Annual Conference of the Western Psychological Association (WPA), Portland, OR.
- ^Cosby, J., \*Nardini, C., & **Raposa, E. B.** (2022). The role of youth attachment to a primary caregiver in formal mentoring interventions for diverse youth. Poster presented at the Society of Research on Adolescence (SRA) Annual Convention, New Orleans, LA.
- ^Rihal, T. K., \*Forbes, N., and **Raposa, E. B.** (2022). On campus discrimination and depression: The moderating effect of active coping and positive reframing among first-generation college students. Poster presented at the Society for Research on Adolescence (SRA) Biennial Meeting, New Orleans, LA.
- Broner, S. E., Hareli, M., \*Bartolotta, K., Christensen, K., \*Forbes, N., Blum, A., **Raposa, E. B.**, Conley, C. S., Assink, M. (2021). A meta-analytic look at technology delivered interventions for youth mental health: The role of duration and frequency of use. Poster at the Annual Convention for the Association for Behavioral and Cognitive Therapies (ABCT). Conference held virtually. [*Awarded Student Poster Award by the ABCT Technology and Behavior Change Special Interest Group*].
- Hareli, M., Broner, S. E., Christensen, K., \*Bartolotta, K., \*Forbes, N., Blum, A., **Raposa, E. B.**, Conley, C. S. (2021). Assessing the equivalence of mobile technology-delivered interventions and standard treatments for improving youth mental health: A meta-analysis. Poster presented at the Technology, Mind, and Society Conference. Conference held virtually.
- ^Simpson, S. B., ^Cosby, J., & **Raposa, E. B.** (2021). Predicting the quality of youth mentoring interventions: Considering the role of youth depression and mentor relationship goals. Poster to be presented at the Annual Convention for the Association for Behavioral and Cognitive Therapies (ABCT). Conference held virtually.
- \*Donofrio, V., Hareli, M., Astesano, J., Wertz, A., **Raposa, E. B.**, Conley, C., & Rhodes, J. (2021). Challenges and recommendations from piloting a supportive accountability-based technology-delivered intervention (TDI) for adult mentor-youth mentee dyads. Symposium talk to be presented at the Annual Convention for the Association for Behavioral and Cognitive Therapies (ABCT). Conference held virtually.
- ^Simpson, S. B. & **Raposa, E. B.** (2021). Challenging cultural biases within youth mentoring: Exploring how macro-level beliefs infiltrate interpersonal relationships. Symposium presentation at the Biennial Meeting of the Society for Community Research and Action (SCRA). Conference held virtually.
- ^Simpson, S. B., +Rogers, C. E., & **Raposa, E. B.** (2021). Trajectories and impact of mentors' racial and socioeconomic biases in youth mentoring programs. Poster presented at the Society for Prevention Research (SPR) Annual Meeting, Washington, DC.
- ^Simpson, S. B., \*Forbes, N., +Romero, E., & **Raposa, E. B.** (2021). School belonging and psychological well-being in first-generation college students: The role of barriers to online learning. Poster presented at the Association for Psychological Science (APS) Annual Meeting. Conference held virtually.
- Raposa, E. B.**, \*Bartolotta, K., ^Cosby, J., \*Forbes, N., & Salusky, I. (2021). Informal

- mentors: A critical source of support for underrepresented students during the COVID-19 pandemic. Flash talk presented at the Annual Convention for the Association for Psychological Science (APS). Conference held virtually.
- <sup>+</sup>Garner, R., \*Bartolotta, K., & **Raposa, E.** (2021). Suicidality in college students predicts lower sense of belonging and reduced college persistence. Poster presentation at the Annual Convention of the American Psychological Association, San Diego, CA.
- Hareli, M., Christensen, K., \*Forbes, N., Jones, C., Blum, A., **Raposa, E. B.**, Conley, C. S. (2021). The impact of supportive accountability via mobile app use on youth mental health: A meta-analysis. Poster presentation at the Annual Convention of the American Psychological Association, San Diego, CA. [*Awarded the Innovative Research Award*]
- \*Forbes, N., ^Cosby, J., & **Raposa, E. B.** (2021). The impact of discrimination on first-generation college students' belonging and GPA during the COVID-19 pandemic. Individual flash talk presentation at the Biannual Meeting of the Society for Research in Child Development (SCRD). Conference held virtually.
- ^Simpson, S., \*Donofrio, V., & **Raposa, E. B.** (2021) Does the effect of a formal mentoring intervention on youth academic functioning vary cross-culturally? Poster presentation at the Biannual Meeting of the Society for Research in Child Development (SCRD). Conference held virtually.
- Raposa, E. B.**, ^Simpson, S., Le, T., \*Forbes, N., & Hsu, T. (2021). Emotion regulation and youth mentoring: Lessons from formal and informal mentoring relationships. Research panel presentation at the National Mentoring Summit. Conference held virtually.
- \*Bartolotta, K., ^Rogers, C., ^Garner, R., **Raposa, E. B.** (2020). Barriers to mental health services predict depressive symptoms amongst first generation underrepresented college students. Poster presented at the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention. Conference held virtually.
- ^Simpson, S. B., \*Forbes, N., ^Soukup, M., & **Raposa, E. B.** (2020). Emotion regulation: Does it predict the effectiveness of youth mentoring relationships? Poster presented at the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention. Conference held virtually.
- Hsu, T. & **Raposa, E. B.** (2020). Cultural variability in sociobehavioral correlates of depression: A daily diary investigation. Poster presented at the Annual Convention of the Association of Behavioral & Cognitive Therapies (ABCT). Conference held virtually.
- Preston, E. G., Villarosa-Hurlocker, M. G., **Raposa, E. B.**, Pearson, M. R., Bravo, A. J., & Protective Strategies Study Team, (2020). Fear of negative evaluation and suicidal ideation among college students: The moderating role of impulsivity-like traits. Poster presented at the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention. Conference held virtually.
- \*Forbes, N., ^Simpson, S. B., ^Duffy, K., **Raposa, E. B.** (2020). Exposure to violence predicts psychological distress among a sample of first-generation college students. Poster presented at the Association for Psychological Science (APS). Conference held virtually.
- ^Heule, M., ^Cotter, M., ^Persons, R., & **Raposa, E.** (2020). Parent-child attachment predicts youth relationship satisfaction in school-based mentoring programs. Poster session presented at the Association of Psychological Science (APS). Conference held virtually. [*Awarded an Honorable Mention for the 2020 APS Student Research Award*]
- Raposa, E. B.**, ^Hsu, T., & ^Preston, E. G. (2020). Expanding the reach of youth mentoring:

- New evidence on informal mentoring relationships. Research panel presentation at the National Mentoring Summit, Washington, DC.
- Raposa, E. B.,** Mullen, P., & Schwartz, S.E.O. (2019). *Empowered Learners*: Implementation of a low-cost intervention for high school students with emerging mental health concerns. Poster presented at the Annual Convention of the Association of Behavioral & Cognitive Therapies (ABCT), Atlanta, GA.
- <sup>+</sup>Sorid, S. D., <sup>+</sup>Preston, E. G., & **Raposa, E. B.** (2019). College students' beliefs about evidence-based and non-evidence-based approaches to treating depression. Poster presented at the Annual Convention of the Association of Behavioral & Cognitive Therapies (ABCT), Atlanta, GA.
- Raposa, E. B.,** Parnes, M., <sup>^</sup>Robey, N., Wittrup, A. (2019). Social support and risk versus resilience for college students from underrepresented backgrounds. Chair and Discussant for symposium presentation at the Biennial Meeting for the Society of Community Research and Action (SCRA), Chicago, IL.
- <sup>+</sup>Bottari, S. A., <sup>+</sup>Simpson, L. C., & **Raposa, E. B.** (2019). Enhanced recognition of angry and fearful expressions in adolescents with callous-unemotional traits. Poster presented at the Association for Psychological Science (APS) National Convention, Washington, DC.
- <sup>^</sup>Hsu, T., <sup>+</sup>Tardieu, O., & **Raposa, E. B.** (2019). Depressive symptomatology moderates the impact of daily stress on unhealthy eating behaviors in adolescents: A daily diary study. Poster presented at Association for Psychological Science (APS) Annual Convention, Washington, D.C.
- Jackson, B. M., <sup>^</sup>Robey, N., **Raposa, E. B.,** & Conway, C. C. (2019). How do first-generation students' experiences with early life stress vary as a function of different background characteristics? Poster presented at Association for Psychological Science (APS) Annual Convention, Washington, D.C.
- Raposa, E. B.,** <sup>+</sup>Preston, E. G., & <sup>\*</sup>Robey, N. (2019). Finding the right match: Mentor and youth characteristics that influence mentoring outcomes. Research panel presentation at the National Mentoring Summit, Washington, DC.
- <sup>+</sup>Kook, Y., <sup>+</sup>Le, T. P., **Raposa, E. B.** (2018). Mental health and resource utilization among underrepresented college students. Poster presented at Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Washington, D.C.
- <sup>+</sup>Preston, E. G. & **Raposa, E. B.** (2018). Predicting the effectiveness of youth mentoring interventions: The role of mentors' depressive symptoms and stress exposure. Poster presented at Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Washington, D.C.
- <sup>+</sup>Bottari, S. A., <sup>^</sup>Hahn, S. E., & **Raposa, E. B.** (2018). Parental influences on behavioral and emotional stress reactivity as a pathway to poor health in adolescence. Poster presented at the Association for Psychological Science (APS) National Convention, San Francisco, CA. [*Awarded a Distinguished Contribution Award in the Society for a Clinical Science (SSCP) Student Poster Competition*].
- Raposa, E. B.,** Hagler, M., & Rhodes, J. (2018). On-campus connections: Factors that predict naturally-occurring relationships between college students and faculty. Symposium talk at the Biennial Meeting of the Society for Research on Adolescence (SRA), Minneapolis, MN.
- <sup>+</sup>Le, T. P. & **Raposa, E. B.** (2017). The impact of acculturation on Asian and European American college students' daily social experiences. Poster presentation at the Annual

- Convention of the Asian American Psychological Association, Las Vegas, NV.
- Raposa E. B. & Hurd, N.** (2017). Predictors of closeness in natural mentoring: Does support type matter? Symposium talk at the Biannual Meeting of the Society for Community Research and Action (SCRA), Ottawa, ON, Canada.
- Raposa, E. B., Erickson, L. D., & Rhodes, J.** (2017). The socioeconomic context of relationships with caring adults: The effects of poverty on natural mentoring. Symposium talk presented at the Annual Meeting of the Society for Prevention Research (SPR), Washington, DC.
- Raposa, E. B., Erickson, L. D., & Rhodes, J.** (2017). Socioeconomic disadvantage and access to natural mentoring relationships. Symposium talk presented at the Bi-annual Meeting of the Society for Research in Child Development (SCRD), Austin, TX.
- Raposa, E. B., Erickson, L. D., & Rhodes, J.** (2017). Poverty and natural mentoring relationships: Unequal distribution of social capital? Research panel presentation at the National Mentoring Summit, Washington, DC.
- Rhodes, J. & **Raposa, E. B.** (2017). New findings from the Center for Evidence-Based Mentoring. Research presentation at the National Mentoring Summit, Washington, DC.
- Raposa, E. B. & Rhodes, J.** (2016). Youth environmental stress and mentoring: Do mentor characteristics matter? Research panel presentation at the National Mentoring Summit, Washington, DC.
- Raposa, E. B. & Hammen, C.** (2015). The impact of early adversity on social experiences and mood: A daily processes approach. Symposium talk presented at the Association for Psychological Science (APS) Annual Convention, New York City, NY.
- Raposa, E. B. & Hammen, C.** (2014). Attachment and stress sensitivity: The role of attachment in daily associations between social stress and mood. Poster presented at Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Philadelphia, PA.
- Raposa, E. & Hammen, C.** (2014). The role of early life stress in daily associations between social stress and physical functioning. Poster presented at the annual meeting of the American Psychosomatic Society (APS), San Francisco, CA.
- Dalton, E. D., **Raposa, E., Hammen, C., & Brennan, P. A.** (2014). Chronic and episodic stress influence depressive symptoms through health behaviors. Poster presented at the annual meeting of the Anxiety and Depression Association of America (ADAA), Chicago, IL.
- Raposa, E., Hammen, C., & Brennan, P.** (2013). The moderating role of CRHR1 in the effects of early life stress on depressive symptoms in young adults. Poster presented at Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Nashville, TN.
- Raposa, E., Hammen, B., & Brennan, P.** (2013). Early adversity and risk for depressive symptoms in young adulthood: The role of selection into stressful peer contexts. Symposium talk presented at Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Nashville, TN.
- Raposa, E., Hammen, C., & Brennan, P.** (2013). Effects of early adversity on friendship qualities and depression in young adulthood. Poster presented at American Psychological Association (APA) Annual Convention, Honolulu, HI.
- Raposa, E., Hammen, C., Bower, J., Brennan, P., & Najman, J.** (2013). A developmental

pathway from early adversity to inflammation: The role of health behavior. Poster presented at Association for Psychological Science (APS) National Convention, Washington, D.C.

**Raposa, E., Hammen, C., & Brennan, P. (2013).** Early adversity and quality of best friendships: Implications for depression and health. Poster presented at Association for Psychological Science (APS) National Convention, Washington, D.C.

**Raposa, E., Hammen, C., Brennan, P., & Najman, J. (2012).** The long-term effects of maternal depression: Early childhood physical health as a pathway to offspring depression. Poster presented at Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, National Harbor, MD.

**Raposa, E., Bower, J., Hammen, C., Brennan, P., & Najman, J. (2012).** Early adversity and inflammation in young adulthood. Poster presented at the Psychoneuroimmunology Research Society (PNIRS) Annual Meeting, San Diego, CA.

**Raposa, E., Hammen, C., & Brennan, P. (2011).** Early adversity and poor health in young adulthood: The role of chronic social stress. Poster presented at Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Toronto, CA.

**Raposa, E., Hammen, C., & Brennan, P. (2010).** Child psychopathology and maternal depression: The mediating effects of acute stressors. Poster presented at Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, San Francisco, CA.

**Raposa, E., Holmes, M. K., Fournier, J. C., & DeRubeis, R. J. (2009).** Therapy processes associated with poor outcomes in patients with comorbid personality disorder in cognitive therapy for depression. Poster presented at Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, New York, NY.

## INVITED TALKS & LECTURES

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|----------------|---|
| March 2025     | “Thinking outside the therapy room: mentors & Mental health support for marginalized youth.” Invited research presentation for the annual meeting of the Klingenstein Third Generation Foundation.      |
| November 2024  | “Mentoring support for marginalized youth: Identifying predictors and testing community-based interventions.” Invited lecture for the Community Psychology Area Speaker Series, University of Virginia. |
| September 2023 | “Community-based Approaches to Reducing Disparities in Access to Care for Youth from Marginalized Backgrounds.” Invited lecture for Psychiatry Grand Rounds, University of Connecticut Health.          |
| September 2020 | “Expanding the Reach of Evidence-Based Treatments: Leveraging Social Relationships to Improve Youth Mental Health.” Invited lecture for the Psychology Current Work Series, Yale University.            |
| February 2019  | “Rethinking the match: Approaches to building supportive mentoring relationships for high-stress youth.” Invited lecture for the Community Psychology Area Speaker Series, University of Virginia.      |
| May 2017       | “New research findings from site-based mentoring programs.”   |

	Invited Lecture at the Short Course on Evidence-Based Mentoring at European Institute for Evidence-Based Mentoring, Leewarden, Netherlands
May 2017	“Research methods for mentoring program evaluation.” Invited Lecture at the Short Course on Evidence-Based Mentoring at European Institute for Evidence-Based Mentoring, Leewarden, Netherlands
August 2016	“Predictors of early termination versus lasting relationships: Lessons from the U.S. census and mentor feedback.” Summer Institute on Youth Mentoring, Portland State University
August 2016	“Approaches to improving relationship longevity and goals for successful match closure.” Summer Institute on Youth Mentoring, Portland State University
May 2016	“Identifying and changing interpersonal mechanisms of the effects of early life stress on mental and physical health.” Clinical Psychology Symposium, Department of Psychology, University of California, Los Angeles
May 2012	“Early adversity and health outcomes in young adulthood: The role of ongoing stress.” Health Psychology Symposium, Department of Psychology, University of California, Los Angeles

## TEACHING

### *Courses Taught*

#### Undergraduate

Community Mental Health (Community Engaged Learning course; *Fordham*)

Introduction to Clinical Psychology (*Fordham; Fordham Summer Leaders Academy*)

Abnormal Psychology (*Fordham; William & Mary*)

Behavior Modification Research Methods Laboratory (*William & Mary*)

Health Psychology (*William & Mary*)

#### Graduate

Clinical Psychology M.A. Proseminar (*William & Mary*)

Dialectical Behavior Therapy (*Fordham*)

Psychotherapy Theories (*Fordham*)

Theories and Applications in Contemporary Ethics (team-taught; *Fordham*)

### *Tutorials and Directed Readings Courses*

Independent Research in Community-Based Approaches to Youth Mental Health (PSYC 3999; Spring 2025; *Fordham*)

Mental Health & Mentoring (PSYC 8999; Spring 2024; *Fordham*)

Research Apprenticeship in Psychological and Educational Services (PSGE 8001/8002; 2020-2021, *Fordham*)

Healthcare in the Community (CEED 8999 R01; Spring 2020; *Fordham*)

## ***Student Mentorship***

Doctoral dissertation chair:

ongoing	Ariana Davis
2025	Vincent Donofrio, “The Relationship Between Internalizing Symptoms, Academic Help-Seeking, and Informal Mentoring Relationships in College Students” (Fordham)
2024	Nicola Forbes, “An Intersectional Investigation of the Sociocultural Factors That Shape the Psychological and Sexual Well-Being of Asian Women in the U.S.: A Mixed-Methods Multi-Study Approach (Fordham)
2023	Katie Bartolotta, “ <i>Connected Futures</i> : Evaluating a Web-Based Curriculum Designed to Empower Adolescents to Build Mentoring Relationships with Adults” (Fordham)

Doctoral dissertation committee member, by year of dissertation defense:

ongoing	Amanda Ekkers (Fordham); Gabrielle Ilagan (Fordham); Cristina Nardini (Fordham)
2025	Grace Anderson (Fordham) Erzulie Coquillon (Fordham) Joshua DeSon (Fordham) John Samuels (Fordham)
2023	Elise Bragard (Fordham) Maria Jimenez-Salazar (Fordham) Charlene Minaya (Fordham) Neshat Yazadani (Fordham)
2022	Vincent Corcoran (Fordham) Ana Rabasco (Fordham) Jordan Reed (DePaul University)
2021	McKenna Parnes (Suffolk University)
2020	Samantha Burton (University of Massachusetts, Boston)
2017	Laura Yoviene (University of Massachusetts, Boston)

M.A. thesis chair:

2025-2026	Lauren Avila Thariana Pichardo Maria Fernanda Silva
2024-2025	Diandra Leon, “The role of sleep in the link between daily stressors and physical symptoms in a sample of diverse college students.” (Fordham) Nisha Wadhvani, “Race-matched mentorship as a buffer against the

- mental health effects of discrimination: Impacts on worry, depression, and stress for first-generation college students.” (Fordham)
- 2023-2024 Ariana Davis, “Exploring the protective effects of social support during the transition to college for LGBTQ+ first-generation college students.” (Fordham)
- 2022-2023 Cristina Nardini, “Examining links between achievement-related mindset and psychological well-being in a national sample of first-generation college students” (Fordham)
- Tripat Rihal, “The Impact of BIPOC-Matched Mentoring Relationships on Youth Internalizing Mental Health Symptoms and School Engagement” (Fordham)
- Ariana Dejesus-Rodriguez, “First-Generation College Students’ Reports of Academic Self-Concept during the Onset of the COVID-19 Pandemic” (Fordham)
- 2021-2022 Jasmine Cosby, “The Effects of Youth’s Stress on the Mentoring Relationship in a Cross-National Sample of Randomized Mentor-Youth Pairs” (Fordham)
- Vincent Donofrio, “Associations Between School-Based Extracurricular Activities and Access to Informal Mentoring for Low-Income Youth.” (Fordham)
- 2020-2021 Nicola Forbes, “The Impact of Campus Discrimination on First-Generation College Students’ Belonging and Academic Motivation in the Midst of the COVID-19 Pandemic” (Fordham)
- George Perron, “Underrepresented Students’ Network Orientation and Resilience During the Transition to College” (Fordham)
- Savannah Simpson “How a Formal Mentoring Program Affects Mentors’ Attitudes Toward Race/Ethnic Groups and Socioeconomic Inequality” (Fordham)

M.A. thesis reader/committee member:

- 2025-2026 Haley Ward (Fordham)
- 2024-2025 Kimberly Gilbert (Fordham)
- 2023-2024 Brionna Colson-Fearon (Fordham)
- Zahara Shidad (Fordham)
- 2022-2023 Isabella Manuel (Fordham)
- 2020-2021 Xiangyu Tao (Fordham)
- 2018-2019 Lauren Howard (William & Mary)
- Maria Larrazabal Carrillo (William & Mary)
- 2017-2018 Margaret Cameron (William & Mary)
- Molly Penrod (William & Mary)
- 2016-2017 Lisa Goldberg (William & Mary)
- Casey Snyder (William & Mary)
- Morgan Thompson (William & Mary)
- Samantha Burton (University of Massachusetts, Boston)

Matthew Hagler (University of Massachusetts, Boston)

Undergraduate honors thesis chair:

2025-2026	Lola Cravath Jenny Lockel, “The Role of Big Five Personality Traits in Mentoring Quality and Duration”
2023-2024	Nicholas Verniero, “Investigating if Youth Goals Entering Community-Based Mentoring Relationship Predicts Their Improvements in Depression” (Fordham)
2020-2021	Grace Nessen-Gilligan, “Sense of Belonging on College Campuses for Neurodiverse Students” (Fordham)
2018-2019	Sarah Bottari, “The Effect of Internalizing Symptoms on Affect Recognition and Theory of Mind in a Community Sample of Adolescents” (William & Mary)
2017-2018	Mary Grutta, “Supporting Meaningful Career Paths: Effects of Mentoring on Vocational Outcomes for Emerging Adults (William & Mary)
2017-2018	Sarah Kook, “Mental Health and Resilience in First Generation College Students” (William & Mary)

Undergraduate honors thesis reader/committee member:

2025-2026	Genesis Flores-Homuth (Fordham)
2024-2025	Elliott Lehman (Fordham)
2023-2024	Trevor Zicherman (Fordham)
2022-2023	Gracie Shirle (Fordham)
2021-2022	Grace Denomme (Fordham) Ryan Finkelstein (Fordham)
2020-2021	Kelly Christ (Fordham)
2019-2020	Jason Dufour (Fordham)
2018-2019	Elizabeth Gallary (William & Mary)
2016-2017	Lauren Dybel (William & Mary) Thomas Le (William & Mary) Natalee Price (William & Mary)

Other external student committee work:

2023-2024	Comprehensive Exam Committee Member for Savannah Simpson (University of South Carolina)
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Student grant funding:

2025	Lauren Avila, Quell Foundation Fighter Scholarship (\$5,000) Ariana Davis, Champion Institute Fellowship (\$3,000) Maria Fernanda Silva, Mary Louise Farrell Scholarship (\$1000 plus 3-credit tuition scholarship)
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2024 Ariana Davis, American Psychological Foundation (APF) Queen-Nellie Evans Award

2023 Ariana Davis, APA CEMRRAT2 Research Grant for Psychology Students of Color (\$300)  
Ariana Davis, Fordham GSAS Summer Fellowship (\$4,500)  
Nicola Forbes, Fordham GSAS Research Fellowship (\$30,491, plus tuition remission and healthcare benefits)  
Nicola Forbes, Fordham GSAS Joseph F. Kubis Fellowship (\$1,000)  
Cristina Nardini, Campion Institute Fellowship (\$3,000)

2022 Katie Bartolotta, Psi Chi Summer Graduate Research Grant (\$1,500)  
Nicola Forbes, Fordham GSAS Summer Fellowship (\$4,500)  
Cristina Nardini, Fordham GSAS Summer Fellowship (\$4,500)  
Cristina Nardini, APAGS/Psi Chi Junior Scientist Fellowship (\$1,000)  
Jillian Rogers, Fordham Summer Research Program (\$4,000 for the student/\$1,100 for faculty mentor)  
Nicholas Verniero, Fordham Summer Research Program (\$4,000 for the student/\$1,100 for faculty mentor)

2021 Vincent Donofrio, Fordham GSAS Summer Fellowship (\$4,000)

2020 Nicola Forbes, APAGS/Psi Chi Junior Scientist Fellowship (\$1,000)  
Nicola Forbes, Fordham GSAS Summer Fellowship (\$4,000)  
Roscoe Garner, Fordham College Rose Hill Summer Research Grant (\$3,000)

2019 Ti Hsu, William & Mary Graduate Student Association Conference Funds (\$350)

2018 Lorissa Simpson, W&M Neuroscience Student Travel Award (\$500)  
Sarah Bottari, Honors Fellowship (\$5,000 for the student/\$1,000 for the advisor)  
Sarah Bottari, W&M Neuroscience Student Travel Award (\$500)  
Emma Preston, W&M Charles Center Summer Scholarship Award (\$3,000)  
Nyx Robey, William & Mary Graduate Student Association Conference Funds (\$350)  
Chelsea Scott, W&M Charles Center Summer Scholarship Award (\$3,000)  
Marie-Therese Ikoro, W&M Charles Center Summer Scholarship Award (\$3,000)

2017 Sarah Bottari, William & Mary Vice Provost Research Grant (\$500)  
Phoebe Flint, W&M Charles Center Summer Scholarship Award (\$3,000)  
Mary Grutta, W&M Honors Fellowship (\$5,000 for the student/\$1,000 for the advisor)  
Shannon Hahn, William & Mary Vice Provost Research Grant (\$500)  
Sarah Kook, W&M Honors Fellowship (\$5,000 for the student/\$1,000 for the advisor)  
Claire Williams, W&M Upper-Class Monroe Scholars Project Grant (\$3,000)

## CLINICAL TRAINING

2020-present **Licensed Clinical Psychology**, New York Board of Psychology (#023787)  
2016-2020 **Licensed Clinical Psychologist**, Virginia Board of Psychology  
2014-2015 **Predoctoral Psychology Intern**, Yale-New Haven Hospital, Intensive Outpatient Program  
2013-2014 **Therapist**, UCLA Psychology Clinic  
2012-2013 **Therapist**, UCLA Les Kelly Family Health Center, Addiction and Behavioral Medicine Clinic  
**Therapist**, UCLA Psychology Clinic  
2011-2012 **Psychology Extern**, Harbor-UCLA Medical Center, Adult Cognitive-Behavioral Therapy Externship  
2010-2011 **Therapist**, Emotion Regulation in Anxiety Disorders Study  
**Therapist**, Highly Gifted Magnet at North Hollywood High School  
**Therapist**, UCLA Psychology Clinic  
**Intake Interviewer**, UCLA Psychology Clinic  
2009-2011 **Clinical Assessor**, UCLA Psychology Clinic  
2010 **Clinical Assessor**, Fernald Child Study Center

## CLINICAL SUPERVISION EXPERIENCE

2020-present **Clinical Supervisor**, Fordham Community Mental Health Clinic  
2014-2015 **Clinical Supervisor**, Yale-New Haven Hospital DBT-SUD Intensive Outpatient Program.  
2012-2013 **Clinical Supervisor**, UCLA Psychology Clinic  
2012 **Intake Team Supervisor**, UCLA Psychology Clinic

## SERVICE

### *Departmental Service*

2025-present **Member**, Community-Engaged RTP Workgroup, Fordham Psychology Department  
2024-present **Associate Chair**, Master's Programs in Psychology  
2024-present **Faculty Representative**, Diversity Equity & Inclusion Advisory Council, Fordham Department of Psychology  
2024-2025 **Chair**, Distinguished Fellowship Committee  
2023-present **Director**, Child and Adolescent Major Area of Study, Fordham Clinical Psychology Doctoral Program  
2023-2024 **Committee Member**, Personnel/Tenure Evaluation Committees (one tenure, one clinical faculty reappointment)  
2022-2024 **Committee Member**, Distinguished Fellowship Committee  
2022-2023 **Committee Member**, Personnel/Tenure Evaluation Committee

2022-2024 **Chair**, Diversity Equity & Inclusion Advisory Council, Fordham  
Department of Psychology

2021-2023 **Committee Member**, Graduate Admissions Committee, Fordham Applied  
Psychology Methods & Clinical Research Methods M.S. Programs

2020-2022 **Committee Member**, Diversity Equity & Inclusion Advisory Council, Fordham  
Department of Psychology

2020-2021 **Committee Member**, Executive Council, Clinical Psychology Doctoral  
Program

2020-2023 **Psychology major advisor**, 10-15 students per year, Fordham University

2020-present **Teaching supervisor**, 2-3 doctoral students (3-4 classes) per semester, Fordham  
University

2019-present **Committee Member**, Graduate Admissions Committee, Fordham Clinical  
Psychology Program

2018-2019 **Neuroscience major advisor**, 8-10 students per year, William & Mary

2017-2019 **Committee Member**, Graduate Studies Committee, William & Mary

2016-2019 **Psychology major advisor**, 15-20 students per year, William & Mary

2017-2019 **Faculty advisor**, Psi Chi, William & Mary

2017-2018 **Tenure-Eligible Faculty Search Committee Member**, Department of  
Psychology, William & Mary

2016-2017 **Committee Member**, Psychology Research Committee, William & Mary

2012-2014 **Member**, Academic Committee, UCLA Clinical Psychology Program

2013-2014 **Member**, Clinical Area Committee, UCLA Clinical Psychology Program

2013 **Invited speaker**, Launching a Successful Research Career panel, UCLA Clinical  
Psychology Program

2013 **Invited speaker**, Psychology Research Opportunities Program panel, UCLA  
Psychology Program

2011-2013 **Member**, Research Committee, UCLA Clinical Psychology Program

### *College Service*

2026 **Invited faculty speaker**, Fordham Manresa Colloquium

2026 **Invited panelist**, Careers in Mental Health Panel, Hosted by Fordham Counseling  
& Psychological Services

2025-present **Member**, Fordham Chapter of the American Association of University Professors  
(AAUP)

2024 **Invited panel moderator**, Refugee Mental Health Panel, Jesuit Speakers Tour

2024 **Invited Attendee**, Fordham Migration Initiatives Evaluation & Planning Retreat

2023-2024 **Small Group Leader**, Fordham Faculty Accompaniment Pilot Program

2022-2025 **Council Member**, Fordham Diversity, Equity, and Inclusion Council

2021-present **Committee Member**, Fordham Faculty Life Committee

2021 **Committee Member**, Fordham Interdisciplinary Research Award Review  
Committee

2020-2021 **Committee Member**, University Research Council, Fordham University

2019-2020 **Faculty Reviewer**, Fordham Undergraduate Research Journal

2019-2020 **Workgroup Member**, Center for Community Engaged Learning Faculty  
Workgroup and Seminar, Fordham University

- 2018-2019 **Workgroup 5 Member**, Civic Action Plan, William & Mary
- 2017-2019 **Leadership Committee Member**, Tutoring for Social Change, William & Mary
- 2017-2019 **Trainer**, Campus Connect Gatekeeper Training Program for reducing suicide risk in college students, William & Mary
- 2017-2019 **First-year advisor**, approximately 5 students per year, William & Mary
- 2017-2019 **Task Force Member**, Wellness Minor Work Group, William & Mary
- 2016-2019 **Leadership Committee Member**, Jed Foundation Campus Program, William & Mary
- 2013-2014 **Graduate Student Advisor**, Undergraduate Research Journal of Psychology, UCLA

***Service to the Profession***

- 2020-present **Editorial Board**, *Journal of Primary Prevention*
- 2020-present **Reviewer**, ABCT Program Committee
- 2020-2022 **Reviewer**, SSCP Diversity Virtual Clinical Lunch Review Committee
- 2018-present **Editorial Board**, *Applied Developmental Science*
- 2018-present **Contributing Editor**, Chronicle of Evidence-based Mentoring
- 2015-2016 **Conference Coordinator**, Annual Yale NEA-BPD Conference

***Community Outreach***

- December 2025 **Raposa, E. B.** “Fordham Community Mental Health Outreach.” Orientation to the mental health services provided at FCMHC and procedures for referral. Workshop for parents of youth in the Fordham Liberty Partnerships Program.
- October 2025 **Raposa, E. B.** “Stress and Mental Health in Teens.” Workshop for parents of teenagers in the Bronx participating in the Family Connect Program, Fordham Center for Community Engaged Learning
- November 2024 **Raposa, E. B.** “Identifying and Addressing Mental Health Issues in Adolescence.” Workshop for parents of teenagers in the Bronx participating in the Family Connect Program, Fordham Center for Community Engaged Learning
- April 2024 **Raposa, E. B.** “Common Mental Health Issues in Adolescence.” Workshop for parents of teenagers in the Bronx participating in the Family Connect Program, Fordham Center for Community Engaged Learning.
- March 2024 **Raposa, E. B.** “Trauma-Informed Teaching.” Workshop for Grupo de Mujeres Latinas, Our Lady of Mount Carmel, Bronx, NY.
- June 2021 **Raposa, E. B.** “Connected Futures: An Innovative, online Curriculum for Promoting equitable college outcomes.” Invited Spotlight Lecturer and Panelist for Mentor Collective’s MasterClass, "Building a Culture of Mentorship."
- April 2021 **Raposa, E. B.** Media appearance on the BronxNet TV and online streaming program, “Headspace” to discuss imposter syndrome in adolescents and young adults.

- June 2020 **Raposa, E. B.** “Testing an Algorithm to Optimize Mentor-Youth Matching Procedures: Results and Recommendations.” Invited presentation to the Executive Committee of the Board for *College Mentors for Kids*.
- Sept. 2019 **Raposa, E. B.** & Rhodes, J. Invited guest on the Reflections on Research Podcast for the National Mentoring Resource Center. Season 2: Episodes 3 and 4. <https://nationalmentoringresourcecenter.org/index.php/learning-opportunities/reflections-on-research-podcast.html>
- Oct. 2017 **Raposa, E. B.** “Evidence-based Practices in Youth Mentoring: Lessons from clinical psychology.” Invited training for Merrimac Mentoring student group, William and Mary.
- Apr. 2016 **Raposa, E. B.** & Rhodes, J. “The socioeconomic context of relationships with caring adults: The effects of poverty on natural mentoring.” Invited speaker for William and Mary Psi Chi initiation ceremony.
- Sept. 2014 Litwin, R., **Raposa, E. B.**, & Axelrod, S. A. “Suicide Assessment and Management in Medical and Psychiatric Settings.” Talk presented to the community in New Haven, CT, on suicide prevention. Available at <https://www.youtube.com/watch?v=19AetzaJvTM>.

## PROFESSIONAL AFFILIATIONS

- 2016-present Clinical Psychology at Liberal Arts Colleges (CPLAC)  
 2016-present Society for Community Research and Action (SCRA)  
 2012-present Society for a Science of Clinical Psychology (SSCP)  
 2012-present Association for Psychological Science (APS)  
 2008-present Association for Behavioral and Cognitive Therapies (ABCT)

## REVIEWING

### *Selected peer-reviewed journals*

- |   |   |
|---|---|
| American Journal of Prevention Medicine     | Mindfulness   |
| Annals of the New York Academy of Sciences  | Journal of Adolescent Health                        |
| Applied Developmental Science               | Journal of Adolescent Research                      |
| Awry: Journal of Critical Psychology        | Journal of Affective Disorders                      |
| Behaviour Research and Therapy              | Journal of Child and Family Studies                 |
| Child Abuse and Neglect                     | Journal of Clinical Child and Adolescent Psychology |
| Children and Youth Services Review          | Journal of Primary Prevention                       |
| Cinical Psychological Science               | Journal of Social Psychology                        |
| Current Directions in Psychological Science | Journal of Youth and Adolescence                    |
| Depression and Anxiety                      | Prevention Science                                  |
| Frontiers in Psychology                     | Psychological Medicine                              |
| Health Psychology                           | Psychosomatic Medicine                              |
| Learning and Individual Differences         |   |

*Selected textbooks, grants, and other projects*

Martin & Pear's *Behavior Modification* for Routledge, textbook reviewer

RAND Corporation, report reviewer

UC Intercampus Consortium on Health Psychology Seed Grant program, grant reviewer

William T. Grant Foundation, research grant reviewer

Youth Endowment Fund, systematic reviews peer reviewer